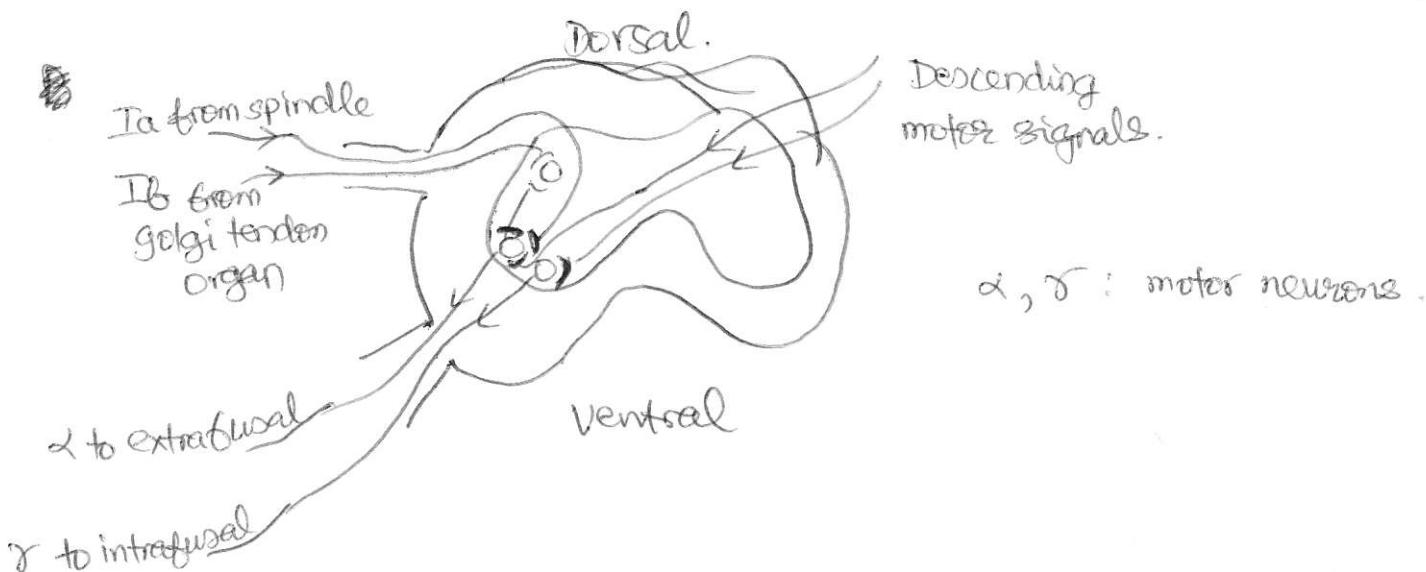


Lecture #7

Last lecture: Muscle model + tension-velocity curve.

This lecture: Reflex structure for a single muscle.

↳ only a few lectures to multi-muscle control.



- Reflex wiring goes thru' a few neurons (sometimes only one) in the SC.
- Ia signal feeds directly into motor neurons

↳ Stretch reflex (tapping patellar tendon): can be fast becos there is only one neuron in action. Fastest response: 30-50 ms.

self-correction mech. under external force disturbance.

↳ Does it interfere w/ voluntary mts?.

Descending signals → α activation → muscle contraction

→ slack of muscle spindle → reflexive turn-off of α -activation

How can it be solved?

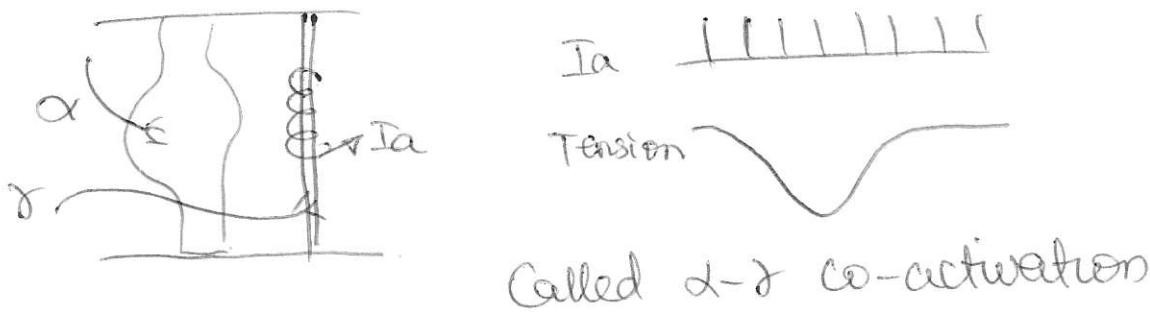
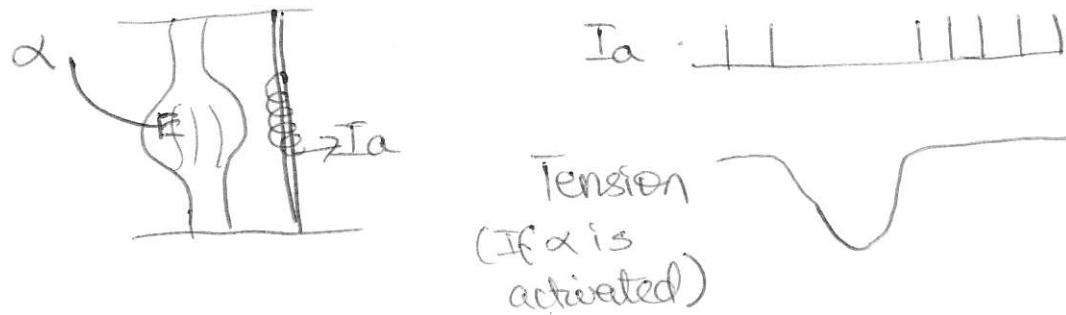
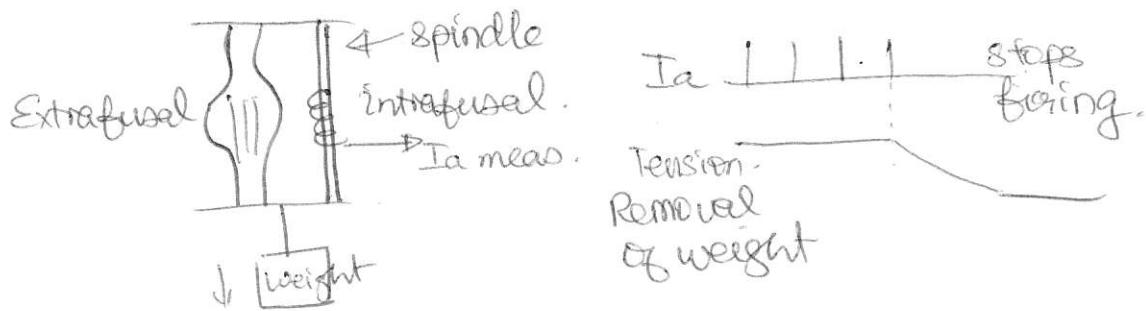
(b2)

Activation of α simultaneously to γ if intrafusal fibers shorten at same time.

There is no slack in spindle.

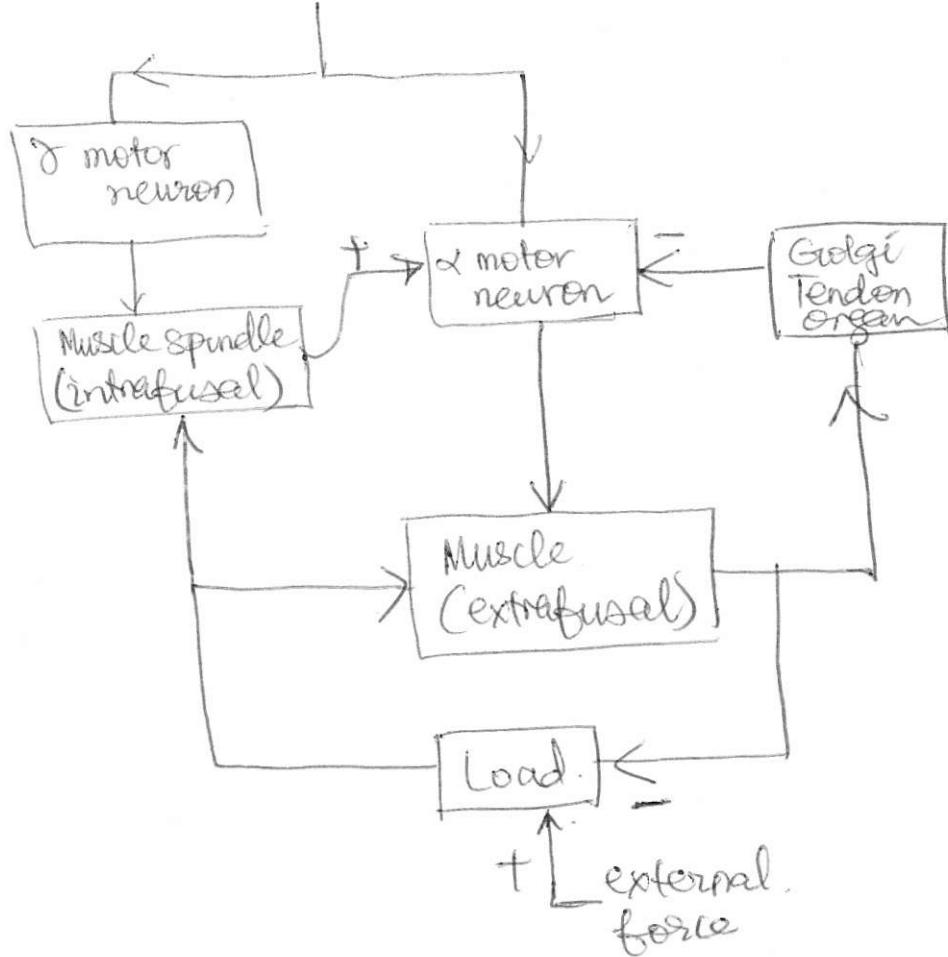
γ neurons do not receive signals from Ia

Remember:



Called α - γ co-activation

Cortical commands

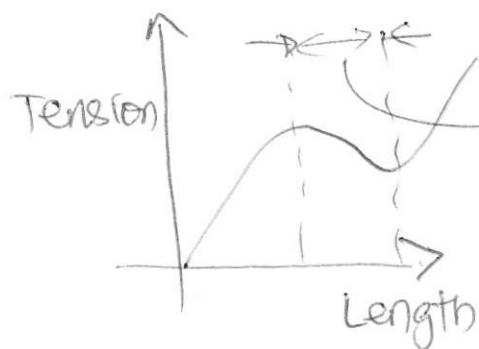


α -motor neurons keeps the balance/ratio of length & force

$$F = k(x - x_0) \Rightarrow k \propto \frac{F}{\Delta x}$$

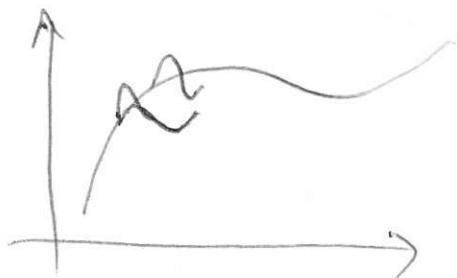
↳ keep constant stiffness.

↳ allows stability when muscle operates on flat or negative curve on the tension-length curve.



If constant external force is applied w/o reflex, muscle would lengthen like a chewing gum and will be unstable

Another way muscle could be stable.



Constant velocity disturbance.
w/o reflex, crossbridges stretch & then let go to find new bonding sites
↳ causes negative curve.

Fatigue compensation w/ stretch reflex.



for a long time

Length must stay the same. But the same activation produces less force overtime due to fatigue.

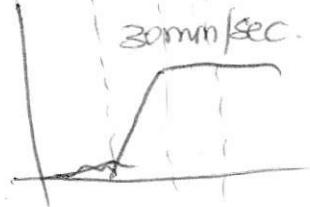
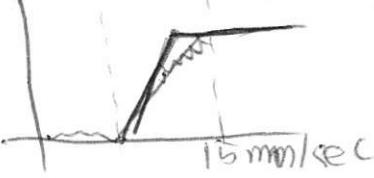
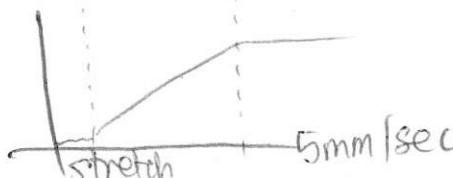
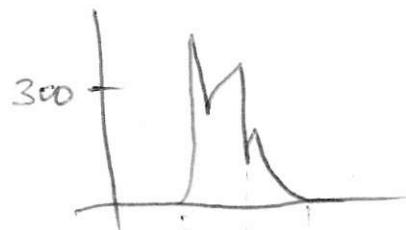
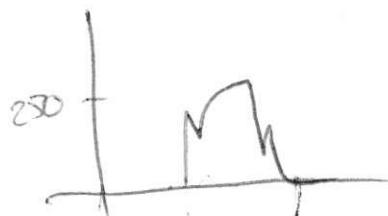
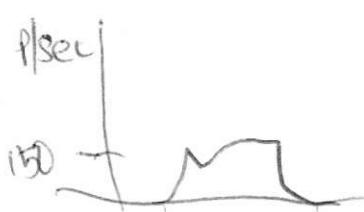
→ same input from spindle to α -neurons

but less input from tendon organ

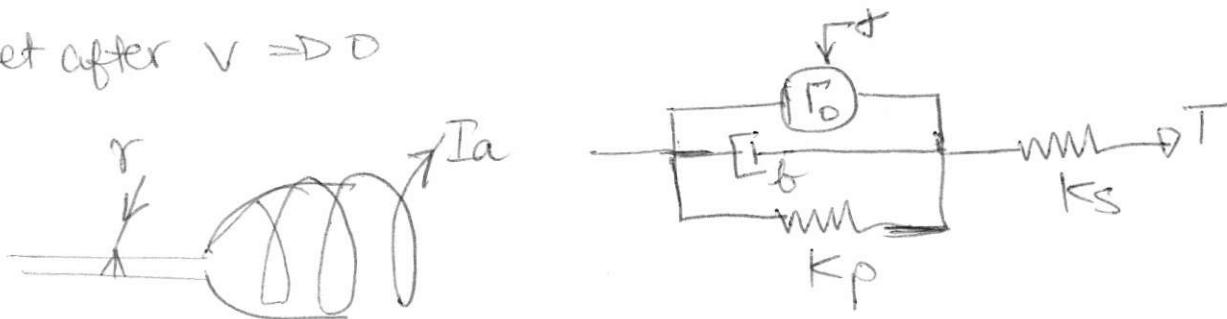
→ must recruit more α -activations including other motor units.

Can we model the muscle spindle?

Look @ the response.



- Ia firing rate related to velocity
- Ia most sensitive to very small changes ($< 0.1 \text{ mm}$)
- reset after $v = 0$



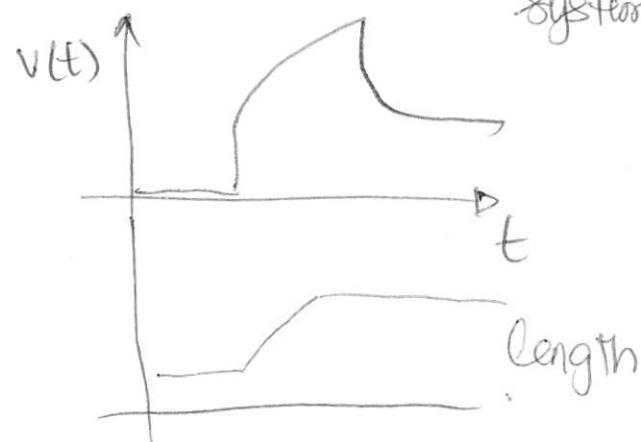
Ia discharge

$$\text{freq} \Rightarrow V(t) = \frac{\Delta T}{K_S}$$

If const. length change is imposed for $x_{\text{total}}(t)$, what happens to $V(t)$

$$T = K_S x_S$$

\hat{t} Takes most of the initial change that damped systems cannot take.



why are muscle spindles sensitive to velocity?

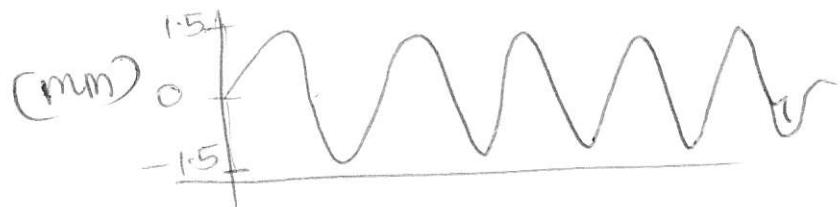
\rightarrow Maybe to stabilize muscle.

I said muscle spindles detect stretch (positional deviation)

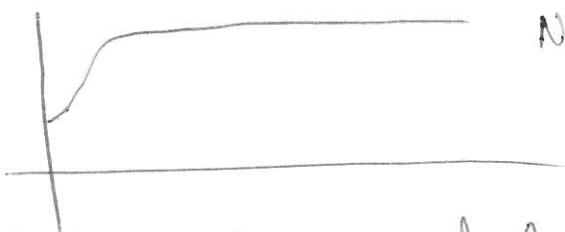
If there is only positional feedback to move a mass, the sys. oscillates forever (proportional control)

Velocity sensitive response from muscle spindles add a damping component to the control loop. (proportional + derivative control)

i.e. Tapping on index finger for 1.5min & w/ 30msec cycle.



w/ the reflex loop cut off.



No oscillation, no return to original position

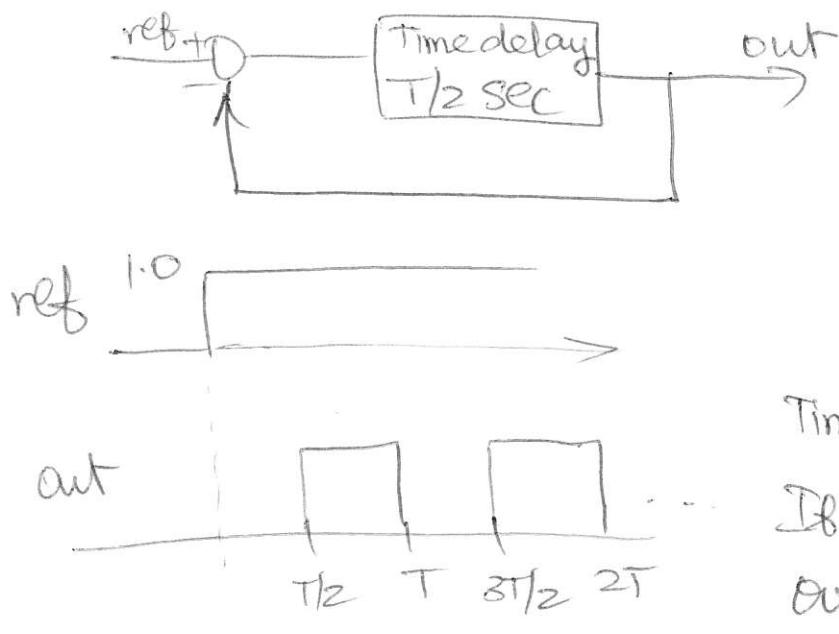
Thus, oscillation not caused by mechanical underdamping but from the reflex loop.

Another type of oscillation - tremors.

Nest tremors (i.e. exhibited by Parkinsons)

- have 2-3 Hz freq. \rightarrow too slow to be caused by reflex loop
 - most likely caused by some cortical lesions.
-

The effect of delay in Feedback Control Loop



Time delay can cause oscillation
If " " is too long, it may
overcome the damping effect
& oscillate severely