

Changing the Online Climate via the Online Students: Effects of Three Curricular Interventions on Online CS Students' Inclusivity

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ABSTRACT

Motivation: Although CS Education researchers and practitioners have found ways to improve CS classroom inclusivity, few researchers have considered inclusivity of online CS education. We are interested in two such improvements in online CS education—besides being inclusive to each other, online CS students also need to be able to create inclusive technology.

Objectives: We have begun developing a new approach that we term “embedded inclusive design” to address both of these goals. The essence of the approach is to integrate elements of inclusive design education into *mainstream* CS coursework. This paper presents three curricular interventions we have developed in this approach and empirically investigates their efficacy in online CS post-baccalaureate education. Our research questions were: How do these three curricular interventions affect (RQ1) the climate among online CS students and (RQ2) how online CS students honor the diversity of their users in the tech they create?

Method: To answer these research questions, we implemented the curricular interventions in four asynchronous online CS classes across two CS courses within Oregon State University's Ecampus and conducted an action research study to investigate the impacts.

Results: Online CS students who experienced these interventions reported feeling more included in the major than they had before, reported positive impacts on their team dynamics, increased their interest in accommodating diverse users, and created more inclusive technology designs than they had before.

Discussion: These results provide encouraging evidence that embedding elements of inclusive design into mainstream CS coursework, via the interventions presented here, can increase both online CS students' inclusivity toward one another and the inclusivity of the technology these future CS practitioners create.

CCS CONCEPTS

• **Human-centered computing** → **Interaction design process and methods**; **Heuristic evaluations**; • **Applied computing** → **E-learning**; • **Social and professional topics** → **Gender**.

KEYWORDS

GenderMag, diversity, inclusion

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1 INTRODUCTION

Although bits and pieces of computing curricula continually change as CS technologies advance, the CS major course sequence has changed little in decades: it begins with a few introductory computing courses followed by a sequence of data structures, algorithms, theory, 1-2 programming language fundamentals and/or implementation courses, 1-2 operating systems courses, a collection of software engineering courses, and some electives [2]. These courses reinforce and build upon one another: programming language courses use some theory and data structures taught earlier, operating systems courses use data structures and computer architecture concepts, and so on.

But courses that address how the software students build can affect the people who use it, such as CS ethics, HCI, or usability courses, are essentially sidelined, with little connection to the rest of the CS education that students receive [65]. The message comes through to CS students loud and clear: concepts in ethics, society, and humans, are unimportant to CS professions. In response to growing evidence of such problems, CS education researchers have called for not only an increase in teaching ethics and social consequences in CS, but also increasing coverage of such topics in mainstream CS courses [20, 24–26, 44, 65].

One effect that has been called out less often is that CS education shows direct evidence of producing CS professionals who are unable to *create inclusive technology*. For example, in one recent study

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of post-secondary computing faculty, 49% of the faculty reported having seen their students struggling to prevent or even recognize how their biases affected the software they were designing [60]. In the same survey, 54% of the faculty also reported having seen students in their courses finding it difficult to design for diverse people’s abilities and usage styles [60]. As Putnam summarizes, as long as CS education continues to sideline the concept of designing inclusive software, it perpetuates “the cycle of ignorance among ... developers <that> maintains the status quo of exclusion and marginalization” [64].

We are developing a new approach to mainstreaming inclusivity in CS education, in which we integrate portions of an inclusive design method called GenderMag into a variety of *mainstream* CS courses. We call our approach “embedded inclusive design”. In essence, the approach incrementally embeds bits of inclusive design into the work students already do. The goal is to increase not only the inclusivity of CS education itself, but also students’ attitudes toward product inclusivity of the software they are creating. Because students “do equity” as part of their mainstream CS work, we hypothesize that the approach will produce students who (1) are more inclusive to each other and (2) can create more equitable software than their predecessors.

In this paper, we focus on inclusivity in asynchronous, online, post-secondary CS education. We present three curricular interventions of the embedded inclusive design approach, and evaluate their effectiveness in four online CS classes, as a first step toward our embedded inclusive design vision. Three were separate offerings of a third-year (junior-level) database course (CS-DB) and one was an offering of a third-year (junior-level) software engineering course (CS-SE). Both are required courses for the online CS major. Neither course typically includes inclusive design.

The setting was our online Ecampus post-baccalaureate CS program, taken by people who previously earned a non-CS baccalaureate degree and now are taking CS courses to add on a baccalaureate degree in CS. Each “class” is entirely asynchronous—there are no synchronous class meetings, and people from different locations and timezones around the world can, within limits, set their own schedules. However, students in a given class commit to starting and ending the course on traditional term-calendar boundaries, to completing the assignments by certain deadlines and, in some classes, need to work (asynchronously) with other students in that class on a team. Instructors and TAs are permanently assigned for the duration of a term, and they answer individual questions (via email or discussion platforms), provide timely feedback on assignments, run discussion forums, and so on. Classes tend to be large—in our investigation, class sizes were 218, 150, 213, and 226 students. A total of 64 of these students, plus 11 more from a baseline course for a total of 75 participants, opted in to allowing their work to be used for research purposes.

Within this educational setting, we conducted an Action Research investigation. Action Research is a type of longitudinal field study that involves engaging with a community to address some problem and through this problem solving to develop scholarly knowledge [34]. As per Action Research’s longitudinal focus, our involvement spanned months. Specifically, we had consistent involvement over 9 months (three terms) with four faculty members

at Oregon State University. We structured our investigation around the following research questions:

- RQ1: How do these curricular interventions affect the climate among online CS students?
- RQ2: How do these curricular interventions affect online CS students’ respect for users’ diversity, and their ability to create more inclusive technology for these users?

2 BACKGROUND: GENDERMAG’S FACETS AND PERSONAS

Our approach leverages the GenderMag method’s components and foundations. GenderMag [14] is an evidence-based method for avoiding, finding, and fixing inclusivity “bugs” in software. The process aspect of the method is a specialized cognitive walkthrough, but here we describe only its facets and personas, since those are the portions that our curricular interventions leveraged.

GenderMag’s cognitive styles (cognitive “facets” in GenderMag) form the core of the GenderMag method. Each facet captures different individuals’ diverse cognitive approaches by defining an evidence-based range of possible values. The five facets capture diversity of *motivations* for using tech; *information processing style*; *computer self-efficacy*; *learning style* (by process or by tinkering); and *attitude toward risk*. (These facets will be detailed further later in Section 4.) GenderMag defines “inclusivity bugs” as omissions of a technology product to support these five facets’ full ranges of values. For example, technology features that support risk-tolerant users but present barriers to risk-averse users have inclusivity bugs.

Such barriers are cognitive style inclusivity bugs because they disproportionately impact people with particular cognitive styles. They are also gender-inclusivity bugs because the facets capture (statistical) gender differences in how people problem-solve [4, 14, 17, 18, 75, 80].

GenderMag uses three personas to bring the facets to life: Abi (Abigail/Abishek), Pat (Patricia/Patrick), and Tim (Timara/Timothy). Abi’s and Tim’s values for each of these facets lie at opposite ends of the spectrum, and Pat has values within. The Abi persona represents facet values whose proportions disproportionately skew towards women, Tim represents facet values that disproportionately skew towards men, and Pat provides a third set of values [14]. The interventions we describe in this paper include snippets of these three personas, shown later with our curricular interventions (Section 4).

Empirical studies have found GenderMag to be effective at identifying inclusivity bugs and at pointing toward effective fixes [12, 14, 22, 35, 61, 69, 80]. However, in the realm of CS education, the only work relating to GenderMag is Oleson et al.’s Action Research investigation into how to teach GenderMag in face-to-face university CS classes [59]. No prior work has investigated incorporating aspects of GenderMag into online CS courses, or the effects of doing so on the inclusivity climate of any CS course.

3 RELATED WORK

Many researchers have reported issues with inclusivity in online CS education’s climate. For example, one study reports that instructors are more likely to respond to forum posts by White male students [5]. On one popular online discussion question-and-answer

site, Stack Overflow, women tended to ask fewer questions, answer fewer questions, have lower reputation scores than men, and experience barriers to participation such as feeling intimidated and being unable to identify other participants of their gender [28, 79]. Although researchers investigating the Piazza online gathering site for students have reported better experiences by women than in Stack Overflow, a recent study of over 2500 Piazza users reported that Piazza women still feel the need to keep their identities and genders anonymous, and when they did not, to be less likely than men to receive answers to their questions by members of the same gender [77].

Further, Phirangee and Malec identified three “othering” themes—professional, academic, and ethnic—which are experienced by women in online learning. Despite differences in these three themes, each type of othering resulted in students feeling excluded from their online learning communities [62]. Dym et al. likewise reported that LGBTQ+ programmers in online communities expect few women and LGBTQ+ individuals to become CS students without additional support or encouragement because, in these participants’ experiences, the field exhibits little diversity and a heterosexist climate [23]. Dym et al.’s results are not unique; similar results have been reported by other investigations of the experiences of individuals with queer gender and/or sexual identities [53, 55, 73].

Non-inclusive academic climates can affect students’ performance and completion in these education environments. Kizilcec and Halawa found that women were less persistent with lectures and assessments in online courses. They also found that feelings of social belonging are influenced by success in the classroom, which can negatively impact women when they have higher attrition rates. Similarly, in an online conversion program helping individuals change career paths to computer science, women were much less likely to finish the program than men [38].

Both online and in-person CS education research have investigated factors, including gender differences, that contribute to students’ feelings of exclusion. For example, Pournaghshband and Medel point out that much of society embraces a widely accepted “fallacious archetype” of what a successful CS student looks like: a young, White male with at least mid-level socioeconomic status [63]. Kuttal et al. reported differences in women’s and men’s experiences when completing a remote pair-programming assignment [46]. One of these differences was that their communication and gender awareness differed significantly—women relied more on non-verbal communication, which is difficult in an online setting. Women also preferred co-located pair programming whereas men were comfortable with a remote setting. Several have reported women in in-person CS classes to have less passion about technology per se but more passion about “computing with a purpose”, and lower confidence in their computing abilities [3, 8, 21, 52]. Low confidence can become even lower when students compare themselves to others, such as in [38] where women students reported that they constantly compared themselves to more experienced students and became less confident when they saw experienced students struggle. Gender differences in confidence have in turn been linked to gender differences in communication in CS classes; for example, Alvarado’s study found that women were less comfortable than men were when communicating with their instructor [3].

A significant body of work has investigated increasing recruitment and/or retention across genders in *in-person* CS education, and these works have brought about improvements in both recruitment and retention. Among the especially well-known practices are: pair programming (e.g., [82, 84]), meaningful or socially relevant assignments (e.g., [7, 11, 51]), and leveling the playing field with mechanisms like having everyone start with a language new to all or eschewing programming entirely to instead focus on problem solving (e.g., [43]). Some of these practices, such as giving socially relevant assignments or changing the language used in the course, are not reliant on synchronous or in-person presence in classes and thus can transfer directly to asynchronous online CS classes. However, all of these practices tend to be unidirectional—they aim to make more students feel included, but do not generally aim to improve students’ inclusivity toward others.

Closest to our own research is work on using universal design to improve inclusivity for disabled stakeholders in in-person CS classes. For example, the AccessComputing project created a web development course that integrates accessibility and universal design into its curriculum [1]. To increase feelings of inclusion by both women and students with disabilities, Blaser et al. have proposed including universal design principles in engineering courses in order to prepare future engineers better as well as improving representations of disabled users and engineers [9]. This research rests on prior investigations of what diverse students value in their courses and jobs, reporting that women in engineering often value contribution to society more than men do, which suggests that women may be drawn to inclusive and universal design (e.g., [32]). Similarly, Izzo et al. have found that teaching universal design in college courses in order to include people with disabilities helps both students and instructors to improve accessibility, awareness, and instructional flexibility [39]. Putnam et al. [64] and Waller et al. [81] have both experimented with integrating accessibility concepts across multiple face-to-face courses in the major, treating accessibility as an integral part of design and development. Others have investigated including stakeholders with a disability (e.g., a wheelchair-bound user) in design/evaluation team sessions [50, 70]. Our approach applies many of the Putnam and Waller recommendations to our project, and also leverages elements of the stakeholders strategy, but our “stakeholders” are research-based personas instead of actual people. Most important, our education setting is asynchronous, online courses rather than face-to-face courses.

Thus, although there is extensive work on CS education’s lack of inclusivity, there are a limited number of previous studies that investigate how to *improve* inclusivity, and even fewer in *online* CS courses. The common themes in the small body of existing work on improving online CS education’s inclusivity are ways that the instructors, prerequisites, or course advertising can help.

For example, work from Kizilcec’s lab found that women in online learning tend to enroll in courses that are taught by female instructors and are less rigorous [42]. They noted that the preference for less rigor and fewer prerequisites may be due to a preference for meeting all requirements and expectations for success in the course, and pointed out that these preferences may be mitigated by clearly communicating expectations. Kizilcec’s lab also found that having two instructors, one man and one woman, helped retain

| Course | When | # | Activity | Who involved | Intervention(s) |
|--------|------------|----|--|------------------|--|
| CS-DB | Week 7 | 1 | Exploration | Individual | InclusivityFacets, InclusivityHeuristics |
| | Week 7 | 2 | Extra Credit Assignment (reflection / application) | Individual | InclusivityFacets, InclusivityHeuristics |
| CS-SE | Weeks 1+2 | 3 | Exploration | Individual | InclusivityFacets, InclusivityHeuristics |
| | Weeks 1+2 | 4 | HW1 (facet reflection) | Individual | InclusivityFacets |
| | Weeks 1+2 | 5 | HW1 (design / evaluate / revise) | Individual | InclusivityHeuristics, InclusivityDesign |
| | Weeks 1+2 | 6 | Learning Quiz | Individual | InclusivityFacets, InclusivityHeuristics |
| | Weeks 1+2 | 7 | Team Facet Discussion | Team | InclusivityFacets |
| | Weeks 5+6 | 8 | HW3 (integration with others’ designs) | Team | InclusivityDesign |
| | Weeks 5+6 | 9 | Peer Heuristic Evaluation, HW3 (design revisions) | Classmates, Team | InclusivityHeuristics, InclusivityDesign |
| | Weeks 9+10 | 10 | HW5 (climate and users reflection) | Individual | InclusivityFacets, InclusivityHeuristics |
| | Weeks 9+10 | 11 | Course Feedback (extra credit cognitive styles reflection) | Individual | InclusivityFacets, InclusivityHeuristics |

Table 1: Summary of curricular interventions. CS-DB students experienced two interventions (InclusivityFacets and InclusivityHeuristics) implementations through an extra credit assignment and exploration during one week of the course. CS-SE students experienced all three interventions (added InclusivityDesign) through different implementations, spanning the entire course. All activities are available in our Supplemental Document [47]. Activity# serves as an ID; we refer back to these throughout this paper.

women in online computer programming courses but having only a woman instructor was met with negative reactions from some of the women in the course [41]. Work from that lab also found that adding gender-inclusive elements to course presentation increases women’s enrollment in STEM courses [40]. For example, Cheryan et al. found that classroom decoration impacts women’s interest and success in computer science—even in virtual classrooms [19]. In particular, having more neutral elements such as nature pictures is better for women than having elements that are perceived as masculine or stereotypical for computer scientists (e.g., action movie posters). All of these studies show ways that incorporating gender-inclusive elements can help women to feel comfortable in online computer science. However, these studies focus mainly on course advertising or presentation, not on how curriculum changes themselves can improve both feelings of inclusion and acts of inclusion, by students in online CS education. That is the gap this paper aims to fill.

4 THREE CURRICULAR INTERVENTIONS

We are working on an emerging approach we term “Embedded Inclusive Design”. The essence is to embed elements of inclusive software design into the curricula of *mainstream* CS courses.

Toward this end, we have developed three curricular interventions for asynchronous online CS education. *InclusivityFacets*: The first curricular intervention is a set of activities to enable students to learn the GenderMag cognitive styles (termed “facets” in GenderMag literature). *InclusivityHeuristics*: The second is a set of activities to enable students to learn the GenderMag Heuristics, which are based on these cognitive styles, and to use the heuristics to evaluate technology. *InclusivityDesign*: The third is a set of activities to enable students to improve the inclusivity of the technology they create, using the GenderMag Heuristics. All interventions included mechanisms to assess student learning of inclusive design concepts

from these interventions. Table 1 enumerates each activity and the interventions to which they contributed.

We hypothesize that, because inclusive design will be integrated with what students are learning as part of their major, these curricular interventions will impact online CS education in these primary ways: it will positively impact online CS students’ feelings of belonging in the major (investigated in RQ1); it will positively impact online CS students’ inclusiveness toward other students in the major (also investigated in RQ1); it will positively impact online CS students’ attitudes toward diverse users of software products (investigated in RQ2); and it will improve the inclusivity of the software the students create (investigated in RQ2).

4.1 The Approach’s Theory Foundations

Our interventions build upon three foundations. The first two are the Community of Inquiry (CoI) framework [29] and Quality Matters (QM) standards, which are popular models on distance and online learning [67, 68] for creating high-quality course designs to meaningfully engage students. The third foundation is the Pedagogic Content Knowledge (PCK) investigation into teaching GenderMag and related inclusive design concepts.

The Community of Inquiry (CoI) model [29] is for incorporating curriculum into online courses to motivate and engage students. The CoI framework guides students to construct meaning through three different presences: (1) social presence, which focuses on interactions with peers, (2) cognitive presence, which focuses on interactions with the learning materials, and (3) teaching presence, which involves interactions with teachers and instructional staff. According to Fiok [27], CoI is one of the most widely used models for building community in online environments. From Fiok’s CoI practices for online course design, we used the following practices.

To foster cognitive presence, we integrated a cognitive styles discussion, where students were asked to reflect on their facet values

(Activity7 in Table 1, which summarizes the intervention implementations for each course). Reflection is a key aspect of cognitive presence [29], so we built multiple opportunities for reflection into the homework assignments (Activities2,4,7,10,11). A third addition that aimed to strengthen cognitive presence included an exploration module (Activities1,3), where students could actively engage with learning materials.

To foster teaching presence in our interventions, we added instructional team cognitive profiles in Activity3, in which the instructor and TAs described their own facet values and identified as an Abi, Pat, and/or Tim. We also increased teaching presence through an instructor video introducing the interventions, regularly collected feedback about the interventions from students, and regularly provided feedback to the students on their work.

To foster social presence in our interventions, we provided multiple discussion opportunities (Activity7 and Piazza, which allowed students to post questions that would be answered by the teaching team or other students) and used collaborative project-based group work (Activities7-9).

Our second foundation is the Quality Matters (QM) standards. QM standards are research-based guidelines for quality course design [67, 68]. A QM rubric is used to evaluate course quality/presence of eight components; some we harnessed for our interventions are discussed below.

For example, to address QM’s Standard 1 on providing course introduction materials, we added an introduction video to the first CS-SE learning module and we incorporated the cognitive styles team discussion (Activity7), which gave students an opportunity to introduce themselves to their peers. To address QM Standard 4 on instructional materials, we added the GenderMag learning exploration, connected the exploration to the stated learning outcomes and other activities in the course, clearly explained the connection between the exploration to current research in the field, and modeled academic integrity by citing sources (Activities1,3). Last, to address QM Standard 5 on providing learner activities and interactions, we designed project-based collaborative group work to support active learning and social interaction (Activities7-9).

Finally, our curricular changes build upon research into applicable pedagogic content knowledge (PCK). Originally introduced by Shulman [71], PCK is the intersection of pedagogical knowledge (background in effective teaching techniques and practices) and content knowledge (background in the subject being taught) that enables faculty to teach particular content. PCK is not general: PCK is specific to the topic at hand (e.g., photosynthesis, quadratic equations) and to the audience [78]. Thus, our curricular changes build upon the foundations, resources, and results from Oleson et al.’s investigation into PCK that enables faculty to teach inclusive design skills using GenderMag [59].

The most useful of Oleson et al.’s PCK elements for our work have been PCK2 (Credibility), PCK4 (Concretization), PCK5 (Modeling), PCK6 (Theory of Mind), PCK9 & PCK10 (on Stereotyping), and PCK11 (Resistance). For example, for PCK2-Credibility, we emphasized the research foundations and provided references to make clear that students could check the evidence basis for themselves (in Activities1,3). Another example is PCK4-Concretization, in which the TAs “concretized” what the facets looked like in themselves (Activities1,3) (shown later in Figure 4), and the students actively

followed suit in their own reflections (Activities2,4,7,10,11). The TAs doing so is also a use of PCK5-Modeling, in which they modeled correct usage. Still another example is PCK10-Stereotyping, which recommends having students perform an inclusive design process themselves to reduce stereotyping; this is precisely what we did in CS-SE.

4.2 Curricular Materials

Table 1 enumerates the activities our interventions used, and here we describe the curricular materials supporting those activities.

Exploration (Activities1,3): Following recommendations from Fiock’s CoI work [27], we created an interactive exploration for the GenderMag Heuristics. We devised the GenderMag Heuristics to fix gender inclusiveness issues in software, deriving them from the evidence-based GenderMag facets [13–15, 36]. The GenderMag exploration covered InclusivityFacets and InclusivityHeuristics in multiple ways. For InclusivityFacets, the GenderMag personas were presented [14] to help students see from the perspective of others (PCK6-TheoryofMind [59]). The heuristics themselves show how facet values may affect software usage (supports PCK4-Concretization [59]) and how to design GUI elements for diverse users. Additionally, embedded quiz questions (Figure 1) gave students immediate feedback (following CoI recommendation in [27]). Figure 2 shows an excerpt from the heuristics and an example of applying it. CS-DB offered the GenderMag exploration (Activity1) or an exploration for the general usability Nielsen’s Heuristics [30, 58] for extra-credit, but CS-SE included only the GenderMag exploration (Activity3) as a required part of the course. The versions of the heuristics used for our interventions are in the Supplemental Document [47].

During CS-DB and before CS-SE, we iterated on the exploration. We added the Pat (middle-spectrum) persona to help emphasize that individuals often reflect a mixture of Abi and Tim facet values. Additionally, we renamed GenderMag Heuristics to Cognitive Style Heuristics (CSH) to communicate that GenderMag is about cognitive diversity but retained gender discussion in the exploration. We also replaced the persona documents with abbreviated versions (Figure 3) to emphasize the InclusivityFacets (personas

Figure 1: Quiz widget from cognitive styles exploration. Provided to CS-DB and CS-SE students as a low-stakes way to check their understanding of the cognitive styles content.

Support ALL TYPES of users and their Cognitive Styles¹

Heuristic #1: Explain the *benefits* of using new and existing features

Abi and Pat are motivated to use tech only as needed for their task. They rarely have spare time and prefer familiar features so they can keep focused on the task. Unless they see how features will help with their task, they may not be interested in using them.

Abi is risk-averse with tech. For example, they may avoid using features that have an unknown time cost or other unknown risks.

Pat is also risk-averse with tech, but might try out the features to determine whether they are relevant to accomplishing their task.

Tim likes learning what features can help them accomplish and is motivated to investigate new, cutting-edge features. Tim is also risk-tolerant so may use features without knowing their cost or even what they do.

→ To support their **motivations** and **attitudes toward risk**, allow Abi and Pat to quickly assess the benefits of features so they can choose whether to use them. Allow Tim to quickly assess which features are new and unique and what the features do so they can explore it if desired.

Trending

- Codacy** ✓ Automated code reviews to help developers ship better software, faster
- Octobox** ✓ Spend less time managing your GitHub notifications
- Issue-Label Bot** ✓ Automatically label GitHub issues with machine learning

Figure 2: One of eight Cognitive Style Heuristics. (Left): Each heuristic has a short summarizing title, explanation of how it supports each persona, and a guideline for applying to software design. Current version is shown. (All versions are in the Supplemental Document [47].) (Lower Right): Example of applying Heuristic #1 by briefly explaining benefits of each feature.

| Abi (Abigail/Abishek) | Pat (Patricia/Patrick) | Tim (Timara/Timothy) |
|--|--|--|
| | | |
| Motivation: Uses technology to accomplish their tasks. | Motivation: Learns new technologies when they need to. | Motivation: Likes learning all the available functionality on all their devices |
| Computer Self-Efficacy: Lower self-confidence than their peers about doing unfamiliar computing tasks. Blames themselves for problems. | Computer Self-Efficacy: Medium confidence doing unfamiliar computing tasks. If a problem can't be fixed, they will keep trying. | Computer Self-Efficacy: High confidence in technical abilities. If a problem can't be fixed, blame goes to software vendor. |
| Attitude Toward Risk: Risk-averse about using unfamiliar technologies that might require a lot of time. | Attitude Toward Risk: Risk-averse and doesn't want to expend time when they might not receive benefits. | Attitude Toward Risk: Doesn't mind taking risk using features of technology. |
| Information Processing Style: Comprehensive. | Information Processing Style: Comprehensive. | Information Processing Style: Selective information processing |
| Learning by Process vs. Tinkering: Process-orientated learning. | Learning by Process vs. Tinkering: Likes to explore and purposefully tinker. | Learning by Process vs. Tinkering: Likes tinkering and exploring. |
| Abi represents users with motivations/attitudes and information/learning styles similar to them. For data on people similar to and different from Abi, see http://gendermag.org/foundations.php | Pat represents users with motivations/attitudes and information/learning styles similar to them. For data on people similar to and different from Pat, see http://gendermag.org/foundations.php | Tim represents users with motivations/attitudes and information/learning styles similar to them. For data on people similar to and different from Tim, see http://gendermag.org/foundations.php |

Figure 3: GenderMag persona snippets as presented to CS-SE students as part of learning exploration (Activity3). Adapted from the full GenderMag personas [14]. Multiple races/genders/ages represented to help students see they can be like any persona.

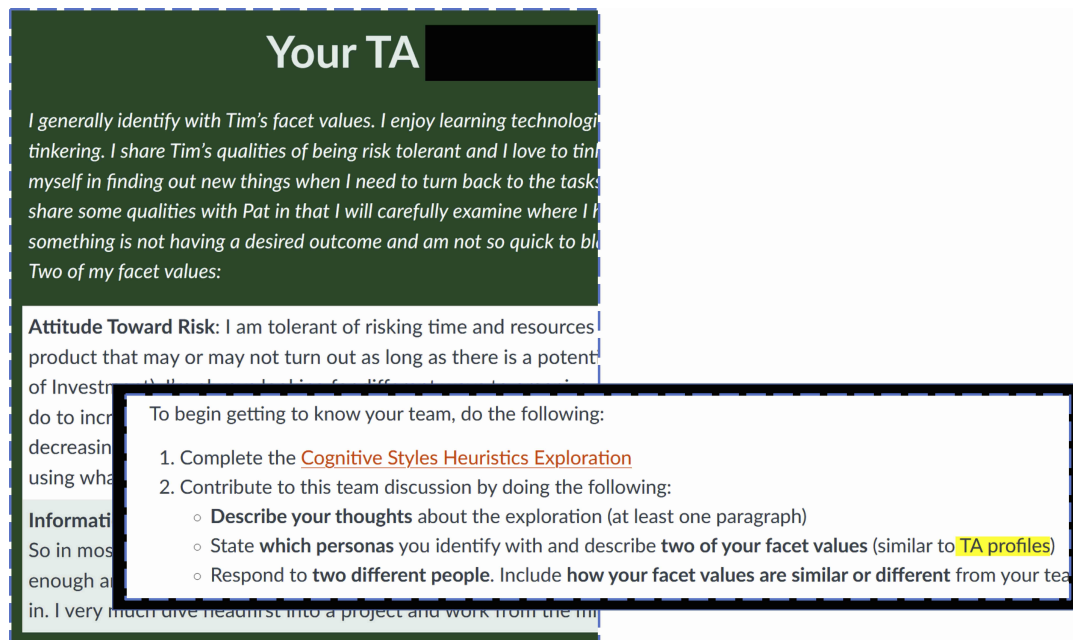


Figure 4: (Left): Cognitive style profile of a CS-SE teaching assistant. Includes TA's persona and facet value identifications. Instructor and four TAs provided profiles like these to help students learn the GenderMag course material, give students examples of talking about cognitive styles, and to help students see the diversity within instructional team. (Right): Team discussion assignment from CS-SE. Students had first two weeks of course to discuss their persona identification(s), facet values, and similarities/differences. (See Supplemental Document [47] for reusable versions.)

are not needed for a heuristic evaluation, which is meant to be a “discount” usability evaluation technique [57]). CS-SE used this revised version of the CSH exploration. Additionally, the instructor and teaching assistants added profiles of their cognitive styles (Figure 4 (Right)), which both communicated their own diversity and provided examples to guide students on later assignments.

Extra-Credit Assignment (Activity2): For extra-credit, CS-DB students could complete a 400-word reflection discussing thoughts on the exploration and giving an example of how they would apply what they learned. The structure of the assignment was defined by a CS-DB instructor, who had used the structure for other extra-credit assignments.

Homework 1 Facet Reflection (Activity4): CS-SE students completed an individual reflection to identify their own facet values. Students were asked to self-identify each of their five facet values, compare their cognitive styles to those of Abi and Tim, and identify how cognitive styles may impact their software usage.

Homework 1 Design Process (Activity5): As part of the same homework, students completed and evaluated a paper prototype. Students were not required to make changes but could lose points if they did not adequately justify how their design reflected three heuristics: (#2) Explain what existing features do, and why they are useful, (#3) Let people gather as much information as they want, and no more than they want, and (#4) Keep familiar features available.

Learning Quiz (Activity6): Students in CE-SE took a learning quiz about applications and aspects of the CSH. They were able to take the quiz unlimited times.

Team Facet Discussion (Activity7): As part of a group reflection, students discussed the exploration and shared facets with their term-long team, as in Figure 4 (Right).

Homework 3 Design Integration (Activity8): Activity5 led into a group assignment where students coordinated with their team to combine prototypes (each a different feature) into a GUI prototype for an entire application.

Peer Heuristic Evaluation, Homework 3 Design Revision (Activity9): Students then posted their work for critique by classmates outside the team, evaluated another team's work, and received feedback with which they revised their GUI design. Reviews included evaluations for 8 of the CSH as well as a suggestion and something they liked.

Homework 5 Climate and Users Reflection (Activity10): During Weeks 9+10, students individually reflected on the curriculum. They were asked how it had affected interactions with their teammates and how they viewed users.

Extra-Credit Course Feedback (Activity11): For extra-credit at the end of the term, students could leave feedback further reflecting on the cognitive styles content. Students were asked about its positive / negative effects on them and why the content might / might not be useful in the future.

The curricular materials are available in the Supplemental Document [47].

5 METHODS

We investigated our research questions using these three curricular interventions in four online classes spanning nine months (three CS-DB classes, one CS-SE class), via Action Research. Action Research is an iterative and longitudinal form of field research where the goals of solving a problem and obtaining scholarly knowledge about that problem are intertwined. One implication is that the division between researchers and participants is also blurred—researchers can act as participants and participants can act as researchers [34, 48, 74]. In our investigation, the four classes were taught by four different faculty members. All four *experienced* the interventions from a faculty perspective (participant role) and *conducted* the interventions (researcher role), and two also *contributed* to the interventions by creating/improving them (researcher role). Another implication is the treatment is not “fixed,” but rather is iteratively improved in response to data arriving over time. To achieve rigor, Action Research often makes extensive use of triangulation to affirm credibility and validity of results, providing conclusions only when multiple data sources/perspectives/methods produce the same findings. We return to our triangulation mechanisms in Section 7.

Our participants were students in these classes, and our data came from their work products (Table 1) and questionnaires. From an education perspective, each assignment was required of all students (or available to all students, if extra-credit). From a research perspective, students who did the assignment could opt in to having their work used in our research, for which they were compensated with a \$10 Amazon eGift Card. As per IRB and university policies, the instructors/TAs involved in the research did not know which students’ work had been opted-in until after final course grades were turned in.

5.1 Participants and Tasks

The 75 students who opted to allow their work to be used in this study were all CS students, taking classes that are part of the online post-baccalaureate (post-bacc) CS degree program described in Section 1. Online CS post-bacc students have a median age of 30. Thus, many students participating had significant work, life, and educational experience in various fields. Additionally, the online program has almost three times as many men (74%) as women (25%) but this gender gap is much better than the on-campus CS program, which has only 15% women. About 50% are White. These demographics are consistent with our participants’. In terms of race, 50% of participants in CS-DB and 41% of CS-SE participants (excluding baseline participants from previous terms) self-identified as White. The other participants included Asian, Hispanic/Latino, Middle Eastern, and African American students. In terms of self-identified gender, as shown in Table 2 we had 66% men, 31% women, and 3% Agender or FTM, excluding baseline participants.

For each class implementing the interventions (i.e., all except CS-SE baseline class), students were asked to learn about the GenderMag Heuristics (or Nielsen’s Heuristics) and complete assignments relating to the material as described in Section 4.

| | Men | Women | Agender | FTM | Unk. | Total |
|----------|-----|-------|---------|-----|------|-------|
| CS-DB | 20 | 8 | 1 | 1 | 0 | 30 |
| CS-SE | 22 | 12 | 0 | 0 | 11 | 45 |
| Combined | 42 | 20 | 1 | 1 | 11 | 75 |

Table 2: Participant count by self-identified gender for each course. Participants self-identified their gender in an open-ended questionnaire response. The unknown genders are of participants from our baseline section of CS-SE, who did not learn the Cognitive Style Heuristics.

5.2 Data and Analysis

We collected data on the effects of the GenderMag curriculum through curricular interventions as described in Section 4, a post-questionnaire for CS-DB, and pre- and post-questionnaires for CS-SE. The questionnaires, adapted from the NCWIT Student Experience of the Major survey [56], asked students about their perception of the curriculum, feelings of inclusion, and perceptions of the CS major. These can be found in the Supplemental Document [47]. In CS-SE, the questionnaire data were mostly quantitative. We also collected students’ course feedback every two weeks. Data collected from CS-DB also includes data from students who completed the extra-credit assignment on Nielsen’s Heuristics. With this information, we can look not only at the impact of the GenderMag curriculum, but also compare these results to those of the Nielsen’s participants. Of special interest to this paper are the design work products we collected from CS-SE students. As a basis of comparison, we were able to collect design work products from students who took CS-SE in a pre-intervention term as a baseline of design comparison.

With these past assignment submissions, we had GenderMag experts judge student designs that used GenderMag Heuristics and those that did not. Four experts, ranging from 9 months to 3 years of experience, were presented with a total of 12 designs: 8 that used GenderMag Heuristics and 4 that did not. We redacted each design to remove potential hints about the design process so experts would not know whether it was changed using the GenderMag Heuristics. The experts then judged the designs by marking if they were better/worse/same for each two values of the GenderMag facets, or if they were not sure. Three experts judged each design and, if 2+ experts agreed, the design was considered improved for the facet value.

Our quantitative analyses use descriptive statistics only. Inferential statistics would not be appropriate in this investigation because no “controls” were in place to cleanly isolate variables, and the number of students opting into the research from any one class offering was very small (discussed further in Section 7.3). To allow numeric summaries of qualitative data, we qualitatively coded as follows. First, we segmented the qualitative data (open ended questionnaire responses and written student assignments) so each response was a segment. Next, as our work crosses through several areas of research (education, online education, HCI, CS, social sciences...), we followed Hsieh & Shannon’s [37] conventional content analysis approach, which is appropriate for describing phenomena that cannot be well-encompassed by existing research, to develop our codeset. Working bottom-up, categories of phenomena

| | n | Abi | Tim | Pat |
|---------|----|-----|-----|-----|
| Women | 12 | 42% | 8% | 50% |
| Men | 22 | 18% | 41% | 41% |
| Overall | 34 | 27% | 29% | 44% |

Table 3: Persona self-identifications by gender for the CS-SE students. Women skewed closer to Abi, and men skewed toward Tim. Almost half the participants were Pat’s, and the other half was almost evenly divided between Abi’s and Tim’s. Abi: Participant self-identified with ≥ 3 of Abi’s 5 facet values. Tim: ≥ 3 of Tim’s facet values. Pat: Everyone else. The frequencies of specific facet values with which they identified are shown in Table 4.

emerge from the data (we used affinity diagramming [31] for this process). Two researchers independently coded small portions of the data to check agreement. We achieved $\geq 80\%$ agreement on $\geq 20\%$ of the data for each dataset (Jaccard method) [72]. Given this level of consensus, one coder coded the remainder of the data. All code sets can be found in the Supplemental Document [47].

6 RESULTS

To investigate how our new approach affected different diversity outcomes, we analyzed students’ coursework (Activities1-10 in Table 1) and questionnaire responses to investigate their feelings of inclusion, inclusivity attitudes toward others, team processes, and the inclusivity of the technology they created, beginning with RQ1.

6.1 RQ1: Climate Effects

6.1.1 Learning About Me. The first climate aspect we consider is how students felt about themselves. Recall that CS-DB and CS-SE students both did InclusivityFacets activities (Activities2,4). Within CS-SE Activity4, students identified their cognitive facet values.

Who did CS-SE students think they were? Their reports are summarized in Table 3. For purposes of our analysis, we labeled participants according to their self-reported facet values: if they self-reported ≥ 3 facets like Abi’s, we labeled them Abi; ≥ 3 facets like Tim’s, we labeled Tim; and any other combination we labeled Pat. As the table shows, the number of Abi’s and Tim’s were about the same, and Pat’s were the most common.

Women skewed closer to Abi’s than Tim’s and men skewed closer to Tim’s than Abi’s. Pat’s were very popular with both of these genders. (Though given a free-form textbox to enter any gender description, all CS-SE participants reported only man or woman as their gender identifications.) Women and men’s opposite skews are consistent with prior research (e.g., [14, 80]).

The facet value reflection portion of Activity4 was followed by the prompt “How did identifying your facet values affect your understanding of how you use software?” A similar reflection, CS-DB students’ Activity2, included the prompt “what were your thoughts while going through the [GenderMag] exploration?”

Several students in both courses responded with insights derived via the vocabulary of their GenderMag exploration (Activities1,3). For these students, the vocabulary offered ways to *name* their own problem-solving styles, *recognize* when these styles led them astray, and *appreciate* these styles when they led to success.

| Facet | Facet Value | Frequency |
|------------------------|---------------------|-----------|
| Attitude toward risk | Averse (Abi) | 16 |
| Information processing | Selective (Tim) | 16 |
| Learning style | Tinkering (Tim) | 15 |
| Information processing | Comprehensive (Abi) | 14 |
| Motivations | Task (Abi) | 14 |
| Computer self-efficacy | High (Tim) | 13 |
| Attitude toward risk | Tolerant (Tim) | 11 |
| Learning style | Process (Abi) | 8 |
| Motivations | Tech Interest (Tim) | 7 |
| Computer self-efficacy | Low (Abi) | 2 |

Table 4: How many CS-SE students self-identified as having each GenderMag facet value. Part of Activity4 (Table 1). Students self-identified with Abi and Tim facet values about as often; they were cognitively diverse. Students identifying as having both values of a facet are not counted here.

P30018-SE-Abi: “Identifying my facet values was tremendously helpful [for articulating what had] been abstract...I feel much more confident.”

P0810202022-DB: “[I might use cognitive styles knowledge to] protect those like me from going down the rabbit hole too deep at the detriment of other tasks.”

P30097-SE-Tim: “Identifying my facet values helped me [understand which features of technology] are most helpful [for my learning...] the most successful I have been... was when I just jumped right in... <Facet: Tech learning style (tinkering)>”

One student also appreciated the GenderMag content for its applicability to a wide range of gender identities.

P0514202109-DB: “I’m trans and I noticed the gender inclusion right away”

By the time CS-SE took place, we had expanded our data collection to include questions about what made students feel included/excluded in the course (post-questionnaire in Supplemental Document [47]). The results were very strong: 82% of students reported that the InclusivityFacets activity of learning cognitive styles (Activity3) made them feel included (Table 5). In fact, “very included” was the most common response to this question—for all persona-types and genders.

6.1.2 “Safety in Numbers” Self-Validation. In CS-SE, the next InclusivityFacets activity was a within-team discussion about facet values and persona identifications (Activity7) (described in Section 4). This activity produced a “safety in numbers” form of self-validation.

Students quickly found commonalities with teammates. For example, although only about 27% of participants were Abi’s, 77% identified as having at least one Abi facet value. Thus, mostly-Abi’s found overlap even with mostly-Tim students.

P30097-SE-Tim: “I consider myself to be mostly ‘tech-literate,’ but the first time I was introduced to macOS for work I was lost. <Facet: Computer self-efficacy>”

| | n | Very included | Somewhat included | Neither | Somewhat excluded | Very excluded | Included | Excluded |
|---------|----|---------------|-------------------|---------|-------------------|---------------|----------|----------|
| Abi | 9 | 56% | 22% | 22% | 0% | 0% | 78% | 0% |
| Tim | 10 | 70% | 20% | 10% | 0% | 0% | 90% | 0% |
| Pat | 15 | 53% | 27% | 20% | 0% | 0% | 80% | 0% |
| Women | 12 | 58% | 25% | 17% | 0% | 0% | 83% | 0% |
| Men | 22 | 59% | 23% | 18% | 0% | 0% | 82% | 0% |
| Overall | 34 | 59% | 23% | 18% | 0% | 0% | 82% | 0% |

Table 5: Effects of LEARNING COGNITIVE STYLES on CS-SE participants feeling included/excluded. Right: Almost everyone felt included and nobody felt excluded. Left: Results leaned more toward very included than somewhat included. Tim’s felt especially included. Maximum row values within section are highlighted.

These discoveries seemed to provide a form of self-validation in knowing they weren’t the only one with their styles of problem-solving.

P30018-SE-Abi: “...excited to work on a team with a fellow Abi...[anticipating] running through the whole process start to finish. <Facets: Information processing, Tech-learning style>”

P33731-SE-Abi: “...our [facet values] are nearly identical! Like yourself I can be very timid about new programs and apps when I don’t fully understand what all is going on. <Facets: Computer self-efficacy, Risk>”

The “safety in numbers” sentiment came out strongly when multiple students realized none of their team felt expert at CS.

P33731-SE-Abi: “...[most of us] decided we are a Pat and have some Tim tendencies, [and all realized we are] not nearly experts. <Facet: Computer self-efficacy>”

P30018-SE-Abi: “I have been taking CS classes for 3 years now and...felt like an imposter because I wasn’t a tinkerer. These cognitive styles point out the benefits of my caution as well as validate them to myself and amongst my peers. <Facets: Computer self-efficacy, Tech-learning style>”

6.1.3 Exploring Each Others’ Differences. Besides finding commonalities, students also explored facet value differences within their teams. For example, P30683-SE, who self-identified as having three Tim facet values and two Abi facet values, chose to point out their Abi learning style.

P30683-SE-Tim: “Wow! It’s crazy to read about your willingness to use LaTeX...I really hate tinkering. <Facet: Tech learning style>”

P37307-SE (an Abi) agreed, saying that spending time tinkering might dis-serve their employer; they would instead contact tech support.

P37307-SE-Abi: “[tinkering with it would be] wasting a company’s money...<Facets: Motivations, Tech-learning style>”

Some of these discussions of differences led to discussions of coveting one another’s facet values, and how they aspired to change.

Interestingly, their aspirational facet values were sometimes direct opposites.

P31766-SE-Pat wanting to become more Abi-like: “...working on being more comprehensive...<Facet: Information processing>”

P35173-SE-Tim with Abi’s Information processing style, wanting to become even more Tim-like: “[My comprehensive style is] probably often a detriment <Facet: Information processing>”

Soon, students began to express understanding of teammates’ diverse collection of facet values, and what those might mean for their teamwork.

P32624-SE-Pat: “My teammates’ information processing style and learning style were a 180 degree pivot [from mine]. <Facet: Information processing>”

P33842-SE-Pat: “[I previously] assumed most students were tech-savvy and enjoyed technology [but now realize that] an interest in CS doesn’t suddenly make one a Tim. <Facets: Computer self-efficacy, Motivations>”

From these discussions, strong “includedness” results emerged. As Table 6’s leftmost section (Bottom Row) shows, our implementations of the InclusivityFacets intervention (Activities3,4,6,7,10,11) made 88% of students feel included, and made nobody feel excluded. Disaggregating into Abi-like, Tim-like, and Pat-like CS-SE students (Top Rows), and by gender (Middle Rows) shows very high results for every persona-type and every gender. In summary, the InclusivityFacets intervention helped everyone, but Abi and women especially seemed to benefit.

Note the rightmost section, regarding simply *learning* about cognitive styles (e.g., in Activity3) (as opposed to discussing them, e.g., in Activity7). As that section shows, for Tim’s, Pat’s, and men, learning alone was nearly as effective as discussing them. However, for Abi’s and women, discussing cognitive styles in addition to learning them had a pronounced positive effect.

6.1.4 Teamwork: Toward “I’m OK, You’re OK” [33]. Team members’ understanding of one another’s facet values began to affect their teams’ processes. For example, some used their team’s “facet inventory” to decide which teammates to consult (e.g., for Activity9).

| | n | Included (Discuss) | Excluded (Discuss) | Very inclu. | Some inclu. | Neither | Some exclu. | Very exclu. | Included (Learn) | Excluded (Learn) |
|---------|----|-----------------------|-----------------------|----------------|----------------|---------|----------------|----------------|---------------------|---------------------|
| Abi | 9 | 100% | 0% | 67% | 33% | 0% | 0% | 0% | 78% | 0% |
| Tim | 10 | 90% | 0% | 40% | 50% | 10% | 0% | 0% | 90% | 0% |
| Pat | 15 | 80% | 0% | 27% | 53% | 20% | 0% | 0% | 80% | 0% |
| Women | 12 | 92% | 0% | 50% | 42% | 8% | 0% | 0% | 83% | 0% |
| Men | 22 | 86% | 0% | 36% | 50% | 14% | 0% | 0% | 82% | 0% |
| Overall | 34 | 88% | 0% | 41% | 47% | 12% | 0% | 0% | 82% | 0% |

Table 6: Effects of COGNITIVE STYLES on CS-SE participants’ feelings of inclusion. Students’ post-questionnaire responses after the term showed almost everyone felt included by *discussing* cognitive styles with teammates, but Abi and women especially seemed to benefit. (Recall that only two genders participated in the CS-SE investigation.) Left section: Summary, where “Included” = Somewhat/very included, and “Excluded” = Somewhat/very excluded. Middle section: Detailed breakout for discussing cognitive styles. Right section: Summary of students’ responses for simply *learning* cognitive styles, as per Table 5. Maximum row values within section are highlighted .

| | n | Team | | | Non-team | | |
|---------|----|----------|---------|----------|----------|---------|----------|
| | | Included | Neither | Excluded | Included | Neither | Excluded |
| Abi | 9 | 89% | 11% | 0% | 45% | 33% | 22% |
| Tim | 10 | 90% | 0% | 10% | 40% | 60% | 0% |
| Pat | 15 | 80% | 7% | 13% | 27% | 46% | 27% |
| Women | 12 | 66% | 17% | 17% | 17% | 50% | 33% |
| Men | 22 | 95% | 0% | 5% | 45% | 45% | 10% |
| Overall | 34 | 85% | 6% | 9% | 35% | 47% | 18% |

Table 7: Effects of team/class interactions on CS-SE students feeling included/excluded. Students’ responses to post-questionnaire showed that students’ feelings of inclusion were very high in interactions with teammates, and far more so than with their other classmates. Left: Effects of TEAM interactions. Right: Effects of NON-TEAM CLASSMATE interactions. Maximum row values within section are highlighted .

P33075-SE-Pat: “It was helpful...knowing how each other approaches using...software because we...had someone who could look at a feature and give a different perspective.”

P37307-SE-Abi: “extremely glad we did the Cognitive Styles Exploration early...[If we were] looking to improve [the team’s] project with respect to a Tim-type user, we already had an understanding of which teammates could relate to that user the most”

Over the course of the term, teams’ understanding of their diverse facets affected both how they were treated by their teammates and their feelings of being accepted by their teammates. In essence, students began to understand that their teammates’ facet value differences did not equate to differences in ability.

P36170-SE-Pat: “[My teammates understand that we] tend to work differently [and thus we were] less demanding on each other.”

P30683-SE-Tim: “[I’m] resistant [to] new technologies...[but my team understands that I’m not] being lazy...some people just aren’t really tinkers.”

They also began seeing value in their differences.

P33075-SE-Pat: “[The cognitive styles curriculum] was helpful in the group... we had each cognitive style reflected... This resulted in an overall more usable web app than if it were developed by... people all of the same cognitive style”

6.1.5 Climate by the Numbers. Using the post-questionnaire, we collected CS-SE students’ assessment of their feelings of being included by their teams. As Table 7 shows, for every persona and every gender, CS-SE students overwhelmingly reported feeling included by their teammates—with whom students did cognitive styles sharing via Activity7. These numbers are in stark contrast to their feelings of being included by their non-team classmates—with whom students were *not* assigned cognitive styles sharing—which did not reach even 50% for any persona-type or any gender. Women felt the least included, but their inclusion rate among their teammates was still a dramatic increase over their inclusion rate by other classmates. These data, in combination with Table 6, suggest that the InclusivityFacets intervention was directly responsible for these effects.

| | n | Represented? | | Belong? | | Likely to complete? | | Cognitive styles increased interest? |
|-------|----|--------------|------|---------|------|---------------------|------|--------------------------------------|
| | | Pre | Post | Pre | Post | Pre | Post | |
| CS-DB | 8 | | | | | | | 0.59 |
| CS-SE | 34 | 0.67 | 0.68 | 0.81 | 0.88 | 0.91 | 0.99 | 0.75 |

Table 8: CS major/minor climate. (Left section:) Feelings of representation, belonging, and likelihood to complete CS major/minor increased for CS-SE participants between the beginning and end of course (not measured for CS-DB). (Right section:) Both CS-DB participants and CS-SE participants were more interested in the CS major/minor after using GenderMag Heuristics. (Note: For CS-DB, 8 of 30 participating students used GenderMag Heuristics; the others used Nielsen’s). Maximum row values within section are highlighted. Units: Position on Likert scale from 0 (least) to 1 (most).

| Course | Source | % of students mentioning user diversity |
|--------|---|---|
| CS-DB | Extra Credit Assignment (Activity2) | 88% |
| CS-DB | Post-Questionnaire | 63% |
| CS-DB | Course total | 100% |
| CS-SE | Team Facet Discussion (Activity7) | 91% |
| CS-SE | Feedback Assignments (including Activity11) | 74% |
| CS-SE | HW5 (Activity10) | 74% |
| CS-SE | Post-Questionnaire | 68% |
| CS-SE | Course total | 100% |

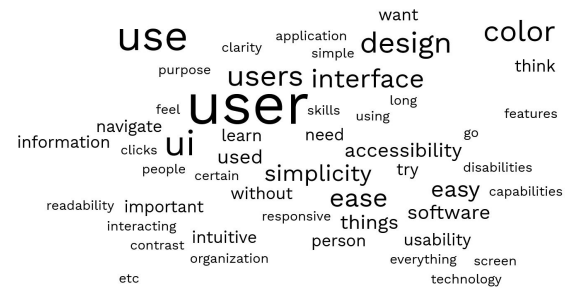
Table 9: CS-DB and CS-SE students whose work products mentioned user diversity. From all data sources throughout term. Bottom row for each course computes union of students counted in that course’s rows above. By the end of the term, 100% of the participating students in all three CS-DB classes and in CS-SE had brought up this point. Activities refer to Table 1.

The climate “bottom line” was that these implementations of the InclusivityFacets intervention increased students’ interest and/or feeling of belonging in the CS major/minor (Table 8).

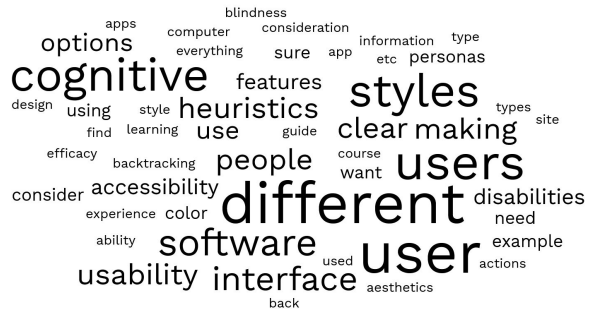
6.2 RQ2: Honoring User Diversity, Creating Inclusive Tech

The results about climate are encouraging, but are only part of the goals of our interventions. In addition, we hoped the three interventions together would change students’ attitudes toward their ultimate users, so they would not only recognize and honor their users’ diversity, but also gain skills to create more inclusive technology.

After experiencing the cognitive styles and heuristics curriculum, both the CS-DB and CS-SE students began to talk about the need to support diverse users. As Table 9 shows, *every one* of the students in both courses who experienced the cognitive styles and heuristics curriculum remarked in one way or another on this point. An interesting contrast to the CS-DB and CS-SE students in Table 9 is with the CS-DB students not in that table, i.e., the 22 CS-DB students whose Activity2 assignment covered Nielsen’s Heuristics instead



(a) Before learning GenderMag Heuristics



(b) After learning GenderMag Heuristics

Figure 5: GUI design priorities of CS-SE students at the beginning of the course (Top) versus the end (Bottom). Students went from talking about “color” (7 counts), “ease” (6) and “simplicity” (5), to “different” (13), “styles” (10), and “cognitive” (10).

of GenderMag Heuristics. About two-thirds of the 22 Nielsen’s CS-DB students did not talk about user diversity at all. Instead, these students spoke of accommodating a generic “the user”. Further, most of the few CS-DB Nielsen’s students who did talk about diversity mentioned only diverse levels of experience. The following quotes detail a few of these differences, and Figure 5 shows a comparison between how CS-SE participants spoke about users before vs. after the curricular interventions.

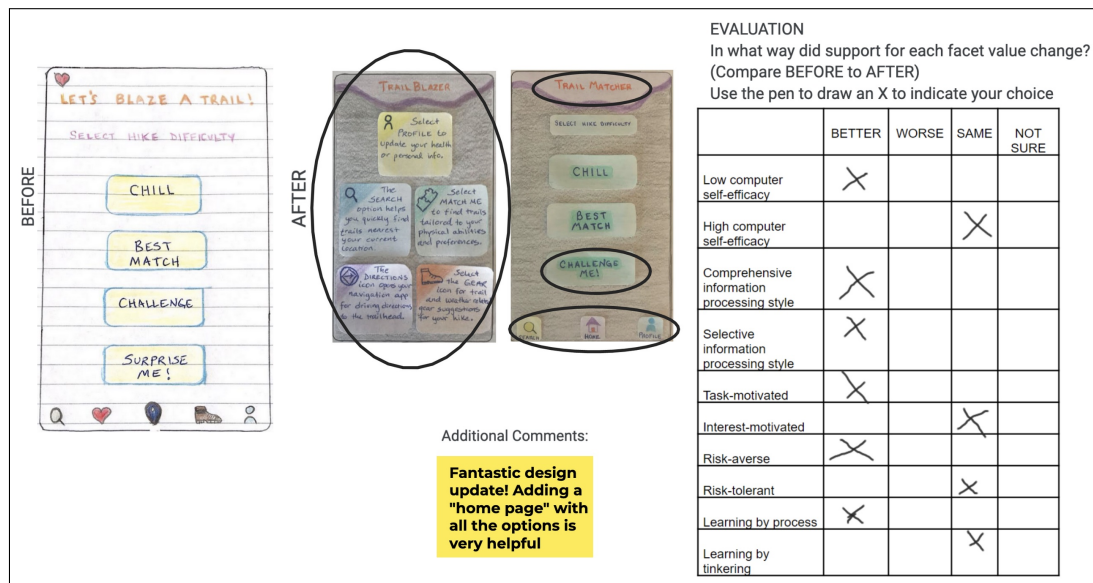


Figure 6: GenderMag expert GUI design scoring example. Before (Left) and after (Middle) versions of participant (P37283-SE) GUI feature design evaluated by a GenderMag expert for facet value support. Experts circled changes they noticed, then judged the design as being better, worse, or the same in its support for each facet value (Right). This “after” version was judged to be more inclusive on 6 of the 10 facet values.

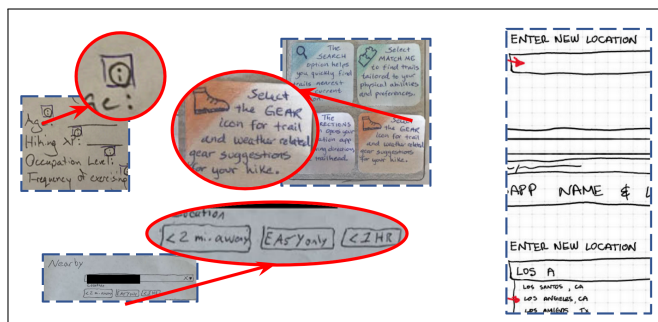


Figure 7: Student design changes. Inclusive design changes using GenderMag Heuristics (Left), versus a non-inclusive design change made using Nielsen's Heuristics (Right, bare search box with auto-complete requires tinkering).

it's all a massive gray area...Some people are risk-averse...and some will tinker for hours for the sake of tinkering. <Facets: Risk, Tech-learning style, Motivations>

To see whether and how the interventions had given students the means to bring their new understanding of users' diversity into the technology they created, we turned to our expert judges. (Recall from Section 5 that multiple experts' judgments were also cross-checked against each other.) Figure 6 shows how one expert judged P37283-SE's hiking app prototype, which the student improved by applying the GenderMag Heuristics. The expert complimented the student on these design changes, which scored improvements in six of the 10 facet values. For example, low-self-efficacy users are better supported by a new, informative home screen (Facet: Computer self-efficacy), and the formatting of the information on the new screen is well-suited to both comprehensive and selective information processors (Facet: Information processing style).

In contrast, students from the baseline offering of CS-SE used only standard heuristics, such as Nielsen's, and these designs sometimes brought inclusivity setbacks. For example, Figure 7 compares several features designed by students using the GenderMag Heuristics against a similar feature set designed by a student using Nielsen's. The expert judged the Nielsen's design as being non-inclusive due to its reliance on users wanting to tinker (Facet: Tech-learning style). However, students using the GenderMag Heuristics added information buttons, explanations, and filters, which support users with both comprehensive and selective information processing styles (Facet: Information processing style).

Finally, Figure 8 illustrates a straightforward set of changes that together greatly improved the prototype's inclusivity.

P0512200012-DB-Nielsen (about different levels of experience): "...tailoring a program to ...beginners [and also] advanced users..."

P0514201819-DB-GenderMag: "...people with different problem-solving instincts and software-interaction behaviors"

P30097-SE-Tim: "[helped me] think of users as not just one type... [and] remember that each user will use my app in different ways"

P30774-SE-Tim: "[I used to categorize users as] have v. have-nots in terms of... technology skills [but instead]

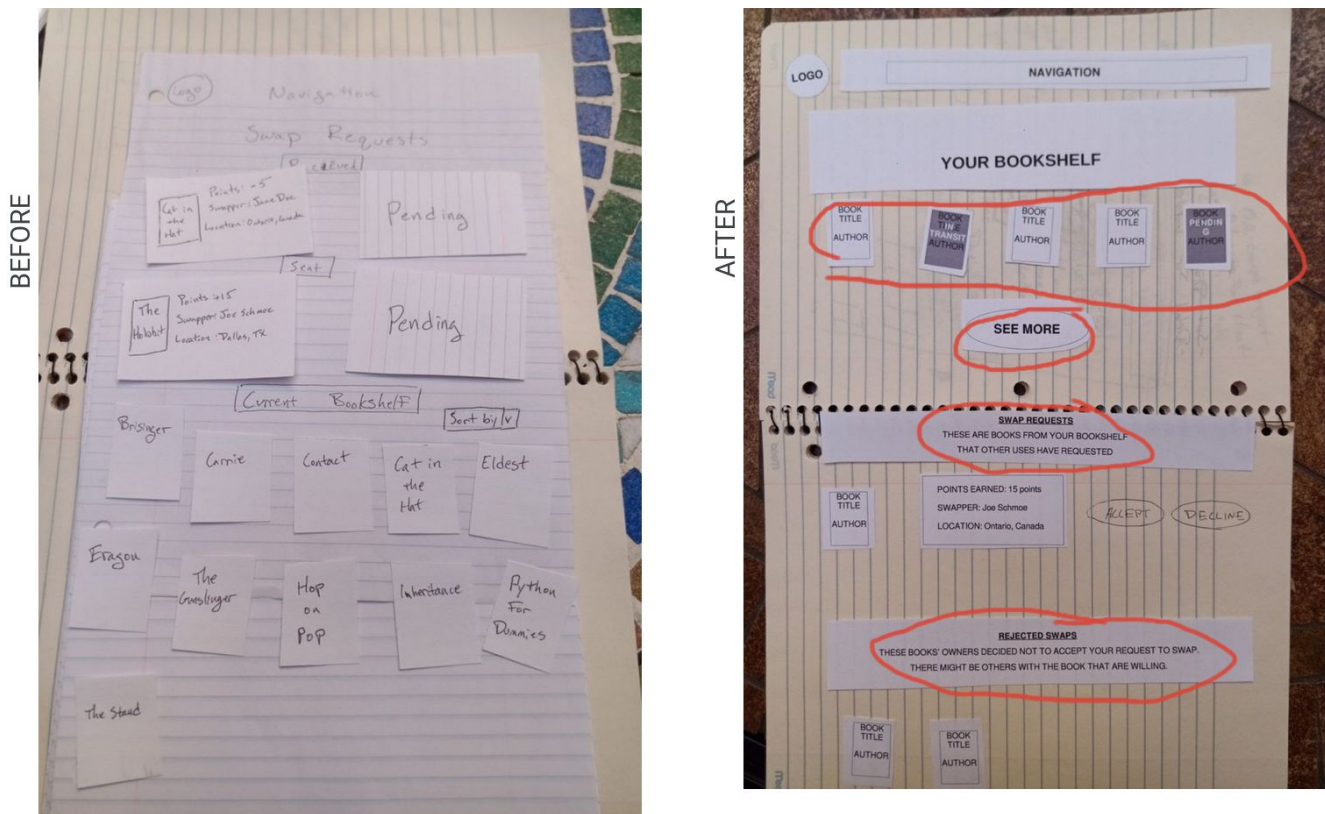


Figure 8: Example of inclusivity improvement. Before (Left) vs. after (Right) applying the GenderMag Heuristics. Brief subsection descriptions (Lower Half) added support for risk-averse, task-motivated users (by giving enough information for them to determine what the features in that subsection are for) and risk-tolerant, tech-interest motivated users (by saving them time on locating features most interesting to them).

By the end of the term, many CS-DB and CS-SE students were expressing a sense of responsibility for technology problems diverse users might experience. For example, upon learning that low-self-efficacy users might blame themselves [14] when technology does not perform as expected (recall Figure 3), P30683-SE was vehement that the blame lay with the developer, not the user.

P30683-SE-Tim: *“That’s not right! I felt a sense of responsibility to users like these. <Facet: Computer self-efficacy>”*

P37987-SE-Pat: *“if you do not fit [the user’s] cognitive type, then you may not fully understand how they interpret [a feature]”*

P36673-SE-Abi: *“I will now be more careful to incorporate features that allow you to undo actions.”*

P30774-SE-Tim: *“[when I see others] struggle with technology, especially in this context of the pandemic, I will view them with more compassion”*

7 DISCUSSION

7.1 Results Triangulation

Consistent with Action Research methods, we safeguarded the reliability of our results through extensive use of triangulation, which we enumerate in Table 10.

As the table shows, every result was cross-confirmed across multiple sources of evidence. Each major result occupies a column. The cells under the first two columns show the activities and/or questionnaires that showed evidence for each Research Question; the last three columns do so for each curricular intervention. Summing up the evidence from CS-DB and CS-SE, the total results for each research question are evidenced by 5 data sources, and for each intervention were evidenced by 4 to 6 data sources. In summary, evidence from multiple courses and data sources pointed to the same results for all research questions and interventions.

7.2 Perspectives on Gender, Feminism, and Responsible CS—and Lessons Learned

The impetus behind our approach is the goal of supporting pluralism in the technologies that CS students, as future CS practitioners,

| | Results by RQ | | Results by Curricular Intervention | | |
|-------|---------------|-----------|------------------------------------|-----------------------|-------------------|
| | RQ1-climate | RQ2-users | InclusivityFacets | InclusivityHeuristics | InclusivityDesign |
| CS-DB | Q | Q | 2,Q | 2,Q | |
| CS-SE | 10,11,Q,Q | 5,10,Q,Q | 4,7,10,11 | 5,9,10,11 | 5,9,XX |

Table 10: Results triangulation. Row 1: Triangulation of results within the CS-DB course. (Note that InclusivityDesign is not applicable to CS-DB). Row 2: Triangulation of results within the CS-SE course. Each number refers to an activity number whose work product produced the result for the column header above it. Q refers to a questionnaire result instead of an activity result, and XX to GenderMag expert evaluations where 2+ experts agreed. (Left columns): Triangulation of results by Research Question. (Right columns): Triangulation of results by curricular intervention.

create. As Bardzell explained, supporting pluralism means creating technologies that “resist any single, totalizing, or universal point of view” [6], i.e., emphasizing attention to individual differences within genders rather than universality. The concept of pluralism is a central tenet of feminist HCI as per Bardzell [6]. Under differing vocabularies, the same concept is also widely espoused in others’ views on HCI feminism, queer feminism, and queer theory (e.g., [16, 49, 66, 76]; summarized in [10]). The concept of pluralism is also a central idea behind work in universal or inclusive design, suggesting that the approach presented here may also be applicable to diversity dimensions beyond gender diversity (e.g., disabilities, age, socioeconomic, via InclusiveMag-generated foundations [54]). All of these ideologies embrace the common theme of avoiding making technology that attempts to force diverse individuals to all problem-solve and work with technology in one and only way.

Like researchers in the “Responsible CS” and “critical CS” schools of thought (e.g., [20, 26, 45]), we view integrating such issues into modern CS education to be important and necessary. CS students, as future CS practitioners, cannot build a digital world that honors diversity and pluralism if CS education does not offer them skills to do so. The interventions we presented attempted to do so, and our results so far are encouraging.

Even touching upon gender equity issues can seem controversial, and three students explicitly shared their views of the inadvisability of our interventions. As Table 11 shows, one expressed discomfort with the inclusivity of the interventions themselves, three said that the interventions invoked gender stereotyping, and one implied that talking about gender at all was unnecessary. However, several others applauded the interventions, for reasons ranging from feeling from more included to being able to build better software to becoming a more responsible computing professional; Table 11 shows a few of the positive responses.

From these views, in combination with the interventions’ foundations from the CoI Model, QM, and the relevant PCK (Section 4), we derived three lessons.

Integrate throughout the term: First, the interventions worked best when integrated throughout the course as in CS-SE, not just in a single assignment as in CS-DB. Not only did the integration enable CS-SE students to learn more skills for software creation, the term-long experience also produced very strong climate impacts (e.g., recall Table 8).

Incorporate in team discussions: Although too late for data gathering, another class of CS-SE using these interventions has just finished. In this post-study offering, team discussions were not part

of the interventions, and the students did not seem to have gained as much comfort with the materials as a result.

Emphasize the research behind the interventions: Over time, we have become more explicit about the evidence behind these interventions, with several pointers and citations pointing the way, and this has been positively received. However, we have not emphasized the research investigating whether GenderMag encourages stereotyping. (In fact, it reduces stereotyping [36].) Future terms will bring this evidence forward, to see whether that helps allay stereotyping concerns.

7.3 Limitations

No empirical study is perfect. One reason is the inherent trade-off among different types of validity [83]. Field studies, including Action Research studies, achieve real-world applicability, whereas controlled studies achieve isolation of variables. Our Action Research study therefore had many uncontrolled variables, such as multiple courses with multiple instructors in multiple terms.

This leads to limitations in generalizability. Our four classes were offerings of only two courses, and our educational setting was (1) post-bacc CS students, who are different than post-secondary CS students; and (2) asynchronous online courses, which are different from face-to-face courses. Another generalizability limitation is that fewer than 10% of students in these classes opted in out of >800 students¹. Thus, interpretations we made from our data might be different had we studied different students.

Limitations like these can only be addressed by additional empirical studies using a variety of empirical methods in a variety of educational settings. Given these limitations, we do not view our results as being generalizable beyond the particular context of our investigation, but rather as encouraging evidence of the potential of these interventions.

8 CONCLUSION

In this paper, we have presented three new curricular interventions for online CS courses. Our educational setting was two courses (four classes) over nine months in an asynchronous online CS education program for post-bacc students. We evaluated whether these interventions improved class climate, led students to honor their users’ diversity, and led students to build more inclusive software for these users. Among our results were:

¹Other instructors in this program have likewise experienced low opt-in rates for research projects. One reason could be that many post-bacc students have full-time jobs and an incentive of \$10 may not be attractive enough for this population.

| Student and view | Pro/Con | Why Pro | Why Con |
|--|---------|---|---------------------------|
| Woman-DB: There are probably developers ... not using these heuristics [are] limiting the ...effectiveness of their software. | → | Better CS | |
| Man-SE: [when I see others] struggle with technology...I will view them with more compassion... I am happy...this class did more to diversify representation. | → | Responsible CS, Better at CS | |
| FTM (Transgender)-DB: I noticed the gender inclusion right away... I appreciate that the industry is finally addressing these issues... I want to see that reflected in my education... [It's] good to... increase your user base... | → | Responsible CS, Better at CS, Includes me | |
| Agender-DB: ...bring to mind the gender stereotype orientedness of the heuristics [but I'll] disassociate them from the idea of gender and just think about different user types... nonbinary-exclusive... irritated me. | → ← | Better at CS | Stereotyping, Excludes me |
| <unknown gender>-SE: I feel like we have a tendency to tie gender to things unnecessarily... I wish we would stop fueling stereotypes. | ← | | Unnecessary, Stereotyping |
| <unknown gender>-SE: I think the cognitive styles content can be harmful...the concept may be used to stereotype... | ← | | Stereotyping |

Table 11: Students' pro (→) vs. con (←) views on these interventions. We gathered these statements from our data (Section 5) and from anonymous course evaluations. Thus, these views represent those of >800 students in all course offerings, not just the opting-in students. This table shows all three CON comments from these >800 students, and a subset of the PRO comments.

- RQ1 (climate): Students gained new acceptance of themselves, reported positive impacts on team dynamics, and felt more included in the major.
- RQ2: (users, tech): Students came to recognize and respect their users' diversity and were effective at designing more inclusively.

Students' attitudes toward these interventions were generally quite positive, although a few raised issues that will require more improvement in our implementation of the interventions. Among their reasons for positive responses were the feeling that the interventions helped them to both create better software and to be a more responsible CS professional. Perhaps this is the most important outcome of all—accepting responsibility for the impacts one's software creation can have on diverse users.

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