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# Molecular and Rheological Properties of Sodium Hyaluronate and Equine Synovial Fluid

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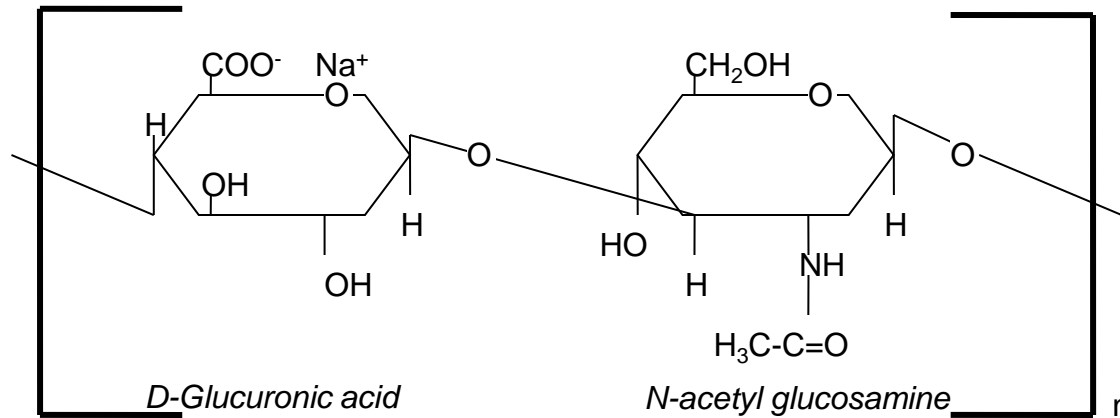
December 15, 2004

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# Outline

- Introduction
  - Motivation
  - Sodium hyaluronate characterization
    - Molecular characterization theory and results
    - Rheological characterization theory and results
  - Equine synovial fluid characterization
    - Molecular results
    - Rheological results
  - Intra-articular study
    - Rheological Results
  - Conclusions
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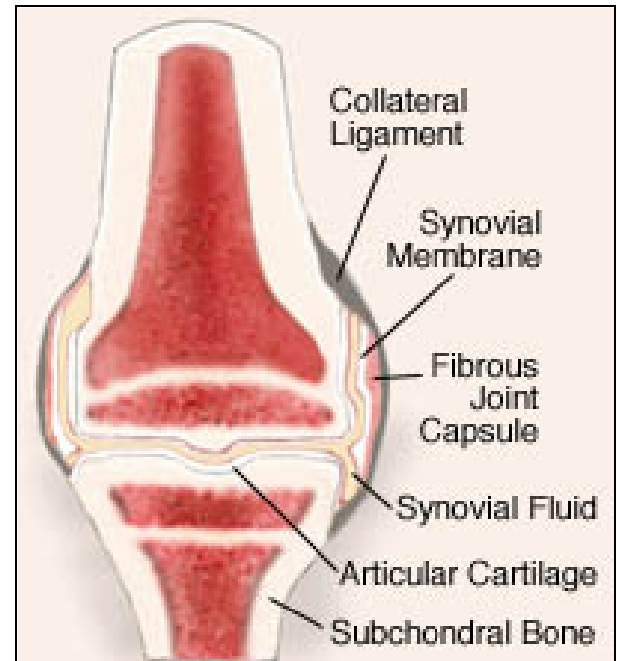
# Introduction: Sodium Hyaluronate



- Sodium hyaluronate, hyaluronan, hyaluronic acid (HA)
- Biologically ubiquitous
- High molecular weight, 0.2-10 million Dalton (Da)
- Sources include fermentation, umbilical cords, chicken combs

# Introduction: Role in joint lubrication

- HA is major component in synovial (joint) fluid
  - Contributes *viscous* properties for lubrication
  - Contributes *elastic* properties for shock absorption
- HA is *viscoelastic*
- Viscoelastic properties dependent on HA-HA interactions
- Interactions =  $f(\text{concentration, molecular weight})$



# Motivation

- Correlate molecular weight and concentration of HA to viscoelastic properties
- Determine the difference between healthy and diseased synovial fluid



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# Sodium Hyaluronate Characterization

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# Sodium Hyaluronate Characterization

Sample	HA Source	Intended Use	HA Concentration (mg/ml)
<sup>1</sup> HAC3Na	Chicken Combs	Laboratory	Frozen
<sup>1</sup> HAC2Na	Chicken Combs	Laboratory	Frozen
<sup>1</sup> HAC1Na	Chicken Combs	Laboratory	Frozen
<sup>1</sup> HA1NaL	Umbilical Cords	Laboratory	Frozen
<sup>1</sup> HA2NaF	Umbilical Cords	Laboratory	Frozen
<sup>2</sup> Synthovial 7	Fermentation	Human Oral	3
<sup>2</sup> Hyalun	Fermentation	Equine Oral	5
<sup>3</sup> Legend	Fermentation	Equine IV	10
<sup>4</sup> Hyalovet	Chicken Combs	Equine IA	10
<sup>5</sup> Hyvisc	“natural sources”	Equine IA	11

Manufacturer

<sup>3</sup>Bayer Corporation

<sup>1</sup>Biozyme Laboratories

<sup>4</sup>Wyeth

<sup>2</sup>Hyalogic

<sup>5</sup>Anika Therapeutics

# Molecular theory: Intrinsic viscosity

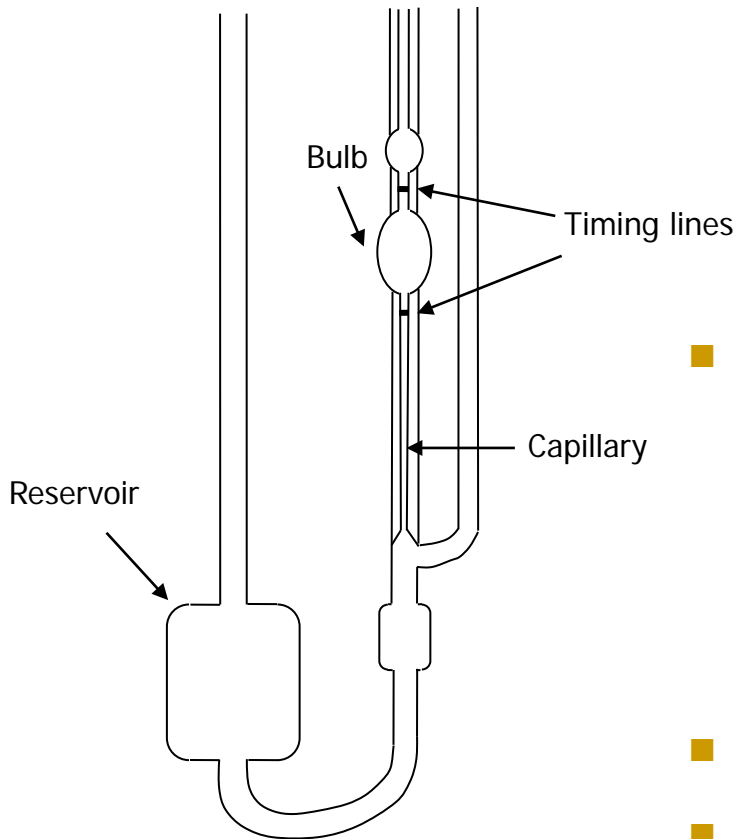
- Measures intrinsic viscosity (IV) via increasingly dilute polymer solutions

$$[\eta] = \lim_{c \rightarrow 0} \frac{\eta - \eta_s}{\eta_s c} = \lim_{c \rightarrow 0} \frac{t - t_s}{t_s c}$$

- Can calculate molecular weight given Mark-Houwink-Sakurada (MHS) parameters ( $K$ ,  $a$  = constants)

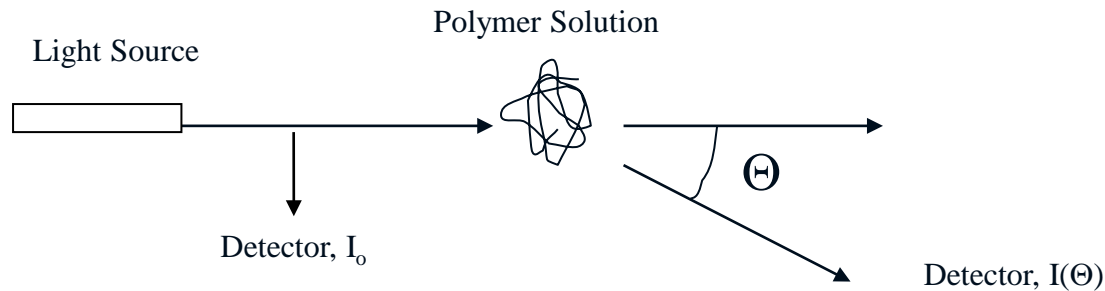
$$[\eta] = KM_w^a$$

- $a = 0.5$  (poor solvent)
- $0.6 < a < 0.8$  (good solvent)



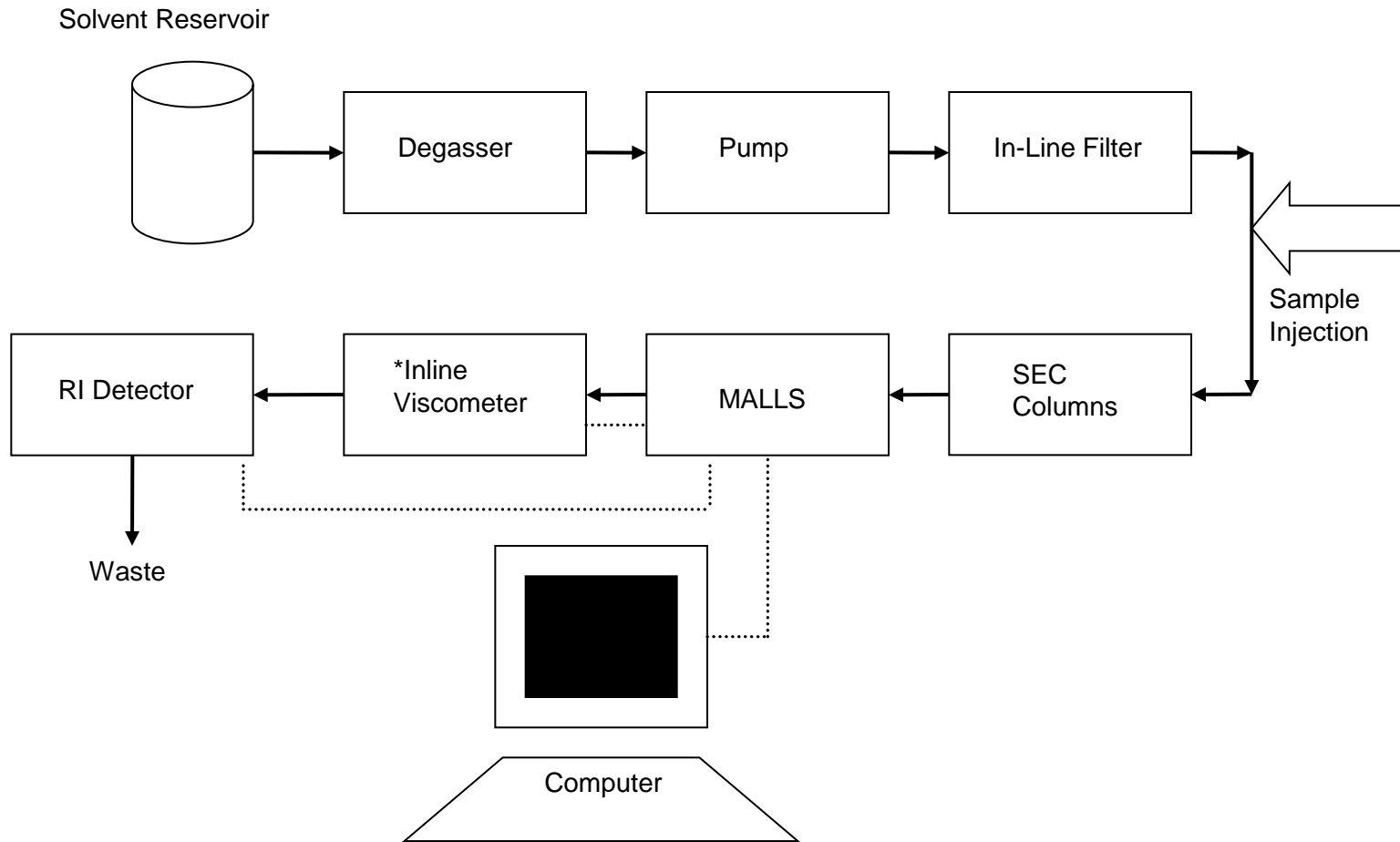


# Molecular Theory: Light Scattering

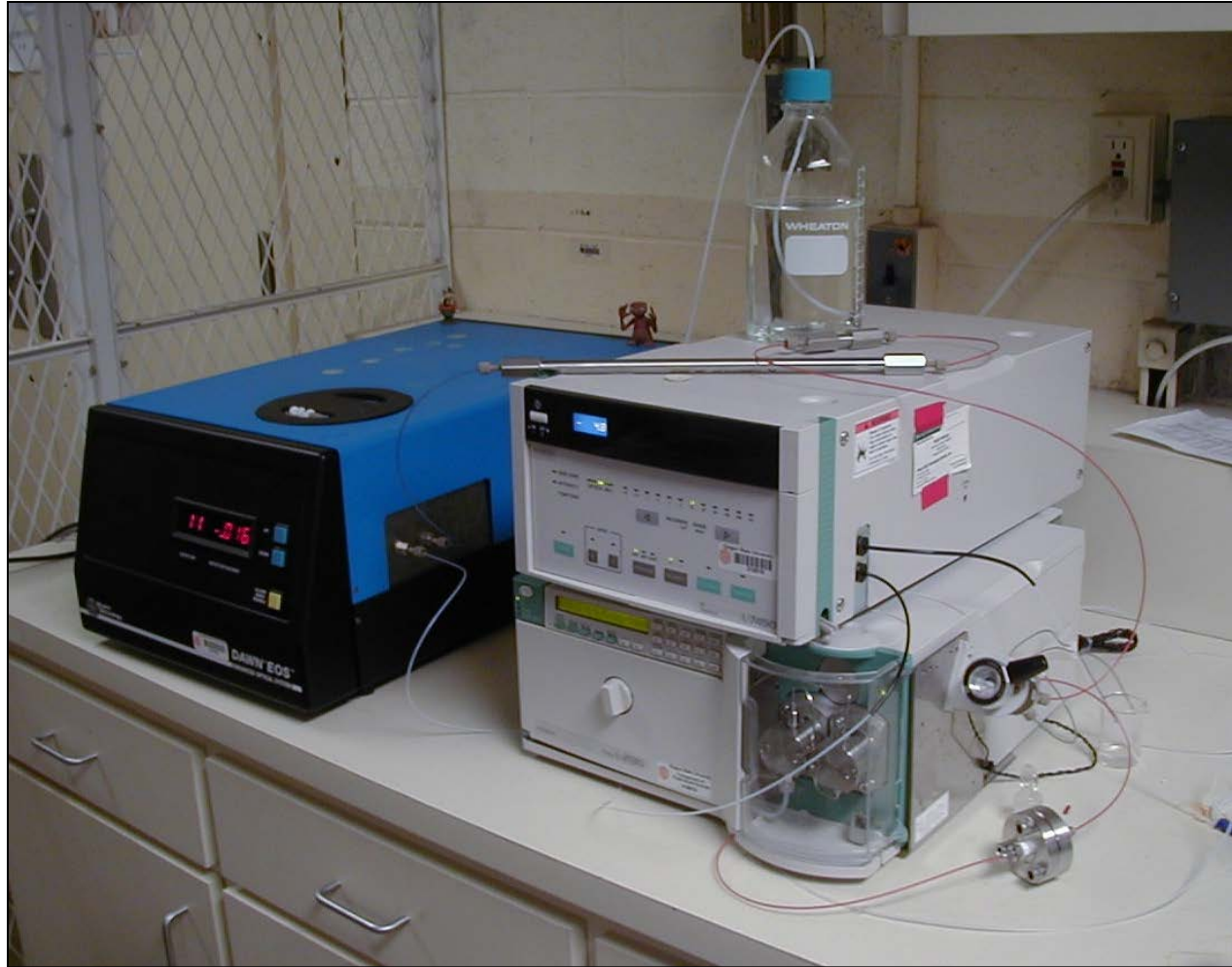


- Measure intensity of light as a function of angle and concentration
- Intensity is proportional to  $c$ ,  $M_w$
- Angular intensity based on  $\langle r_g \rangle$

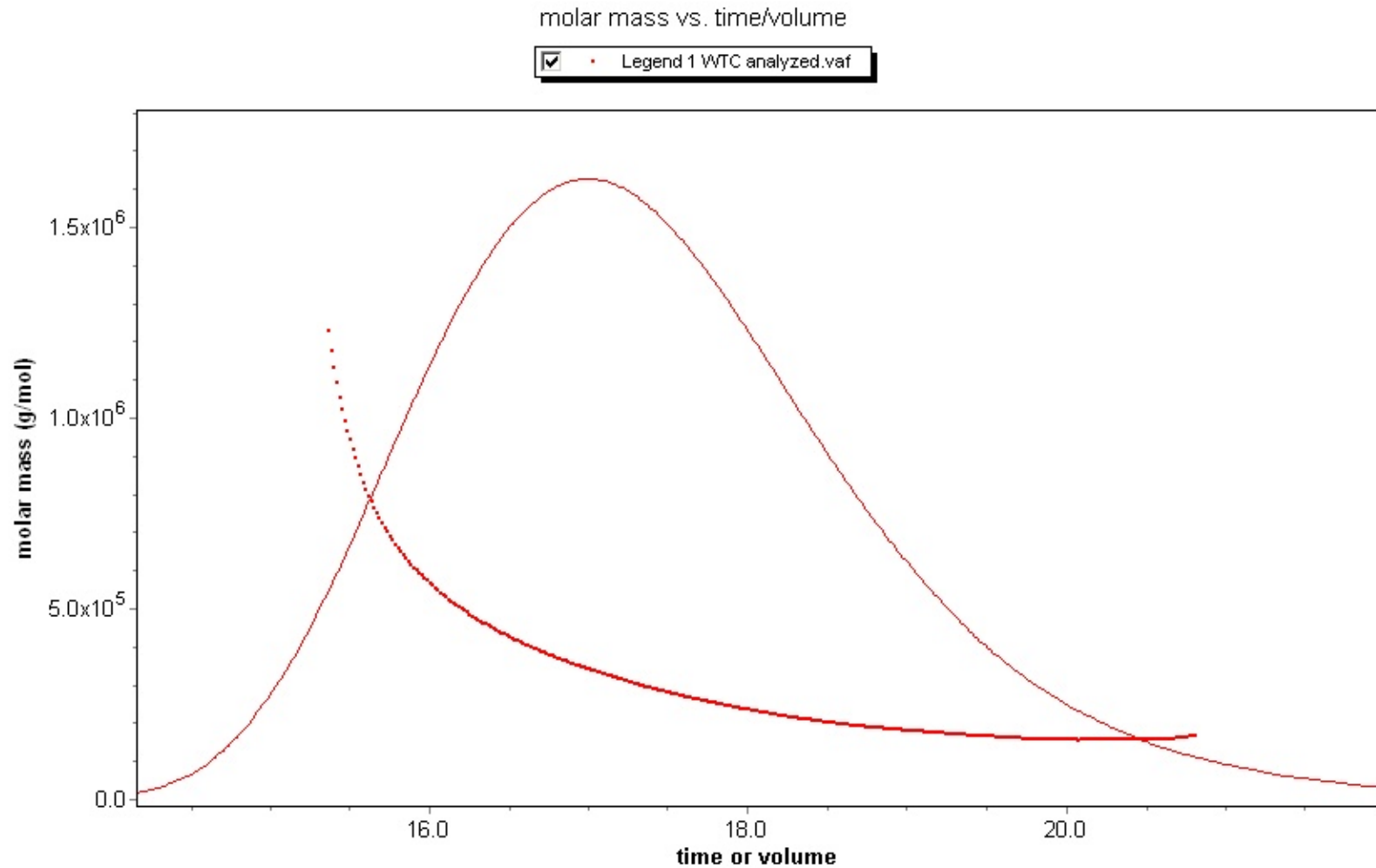
# Size Exclusion Chromatography Multi-Angle Laser Light Scattering (SEC-MALLS)



# OSU SEC-MALLS System

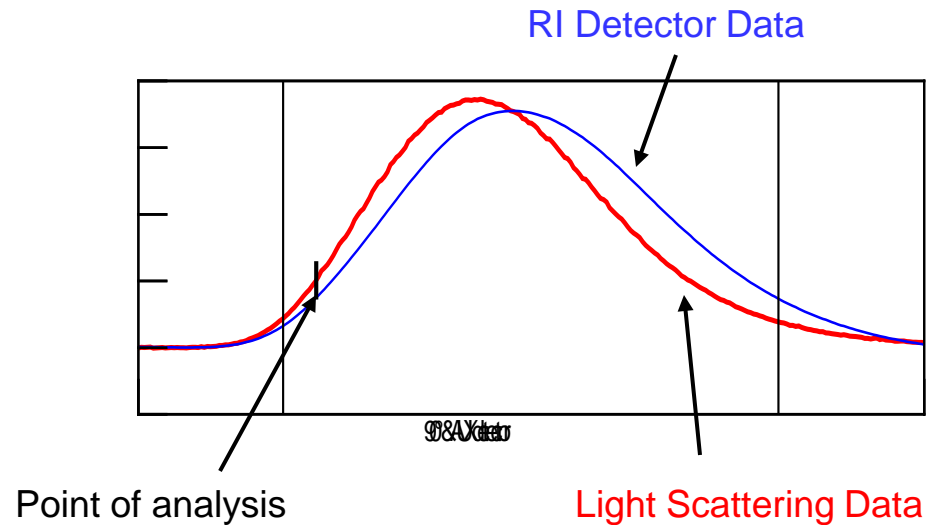


# SEC-MALLS: Example Results



# SEC-MALLS: Analysis

Flow : 1.05  
Re : 1447m  
Fidge : 2  
Con : (55.00)g/l  
Mw : (112.00)g/mol  
Puls : 15.80m



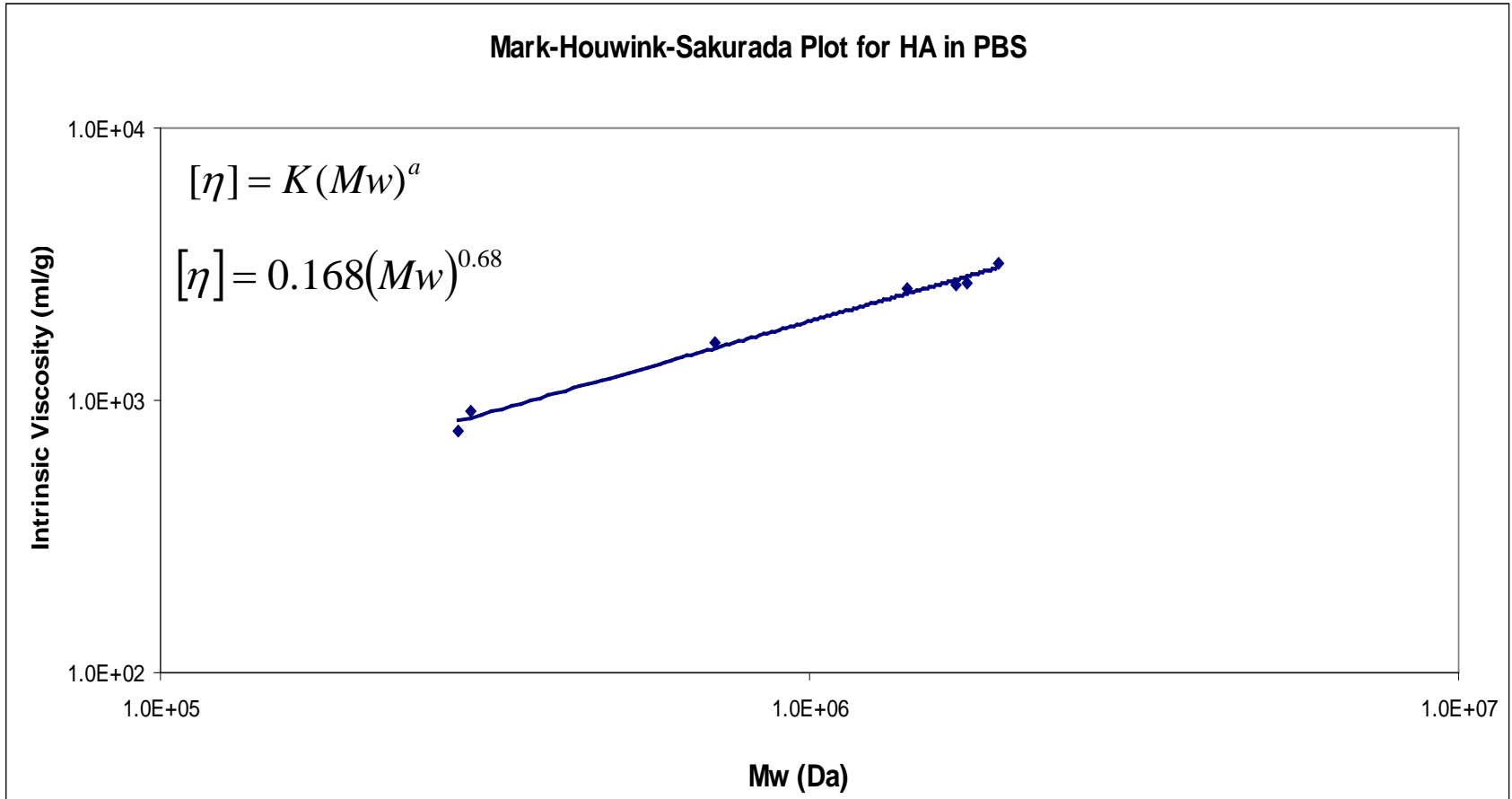
- At each point of the peak calculate
  - ❑ Mw
  - ❑ Concentration
  - ❑ Radius
  - ❑ Intrinsic viscosity

# SEC-MALLS: Results

	From Wyatt Technology Corporation		
	Mw	Mw/Mn	[ $\eta$ ] (ml/g)
<b>HAC3Na</b>	1.96E+06	1.06	3210.30
<b>HAC2Na</b>	7.16E+05	1.14	1622.00
<b>*HAC1Na</b>	8.45E+05	1.18	N/A
<b>HA1NaL</b>	2.88E+05	1.23	776.10
<b>HA2NaF</b>	1.68E+06	1.05	2646.00
<b>*Synthovial 7</b>	1.46E+06	1.13	N/A
<b>Hyalun</b>	1.41E+06	1.45	2590.80
<b>Legend</b>	3.00E+05	1.19	916.00
<b>*Hyalovet</b>	5.01E+05	1.13	N/A
<b>Hyvisc</b>	1.75E+06	1.03	2690.00

†Mw and Mw/Mn measured at OSU

# SEC-MALLS: Results



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# Summary of Molecular Characterization

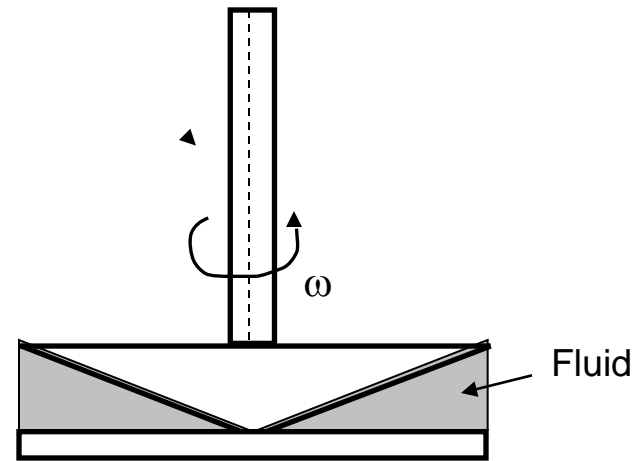
- Light scattering used to determine molecular weight and molecular weight distribution
- Intrinsic viscosity correlated to molecular weight

$$[\eta] = 0.168(M_w)^{0.68}$$





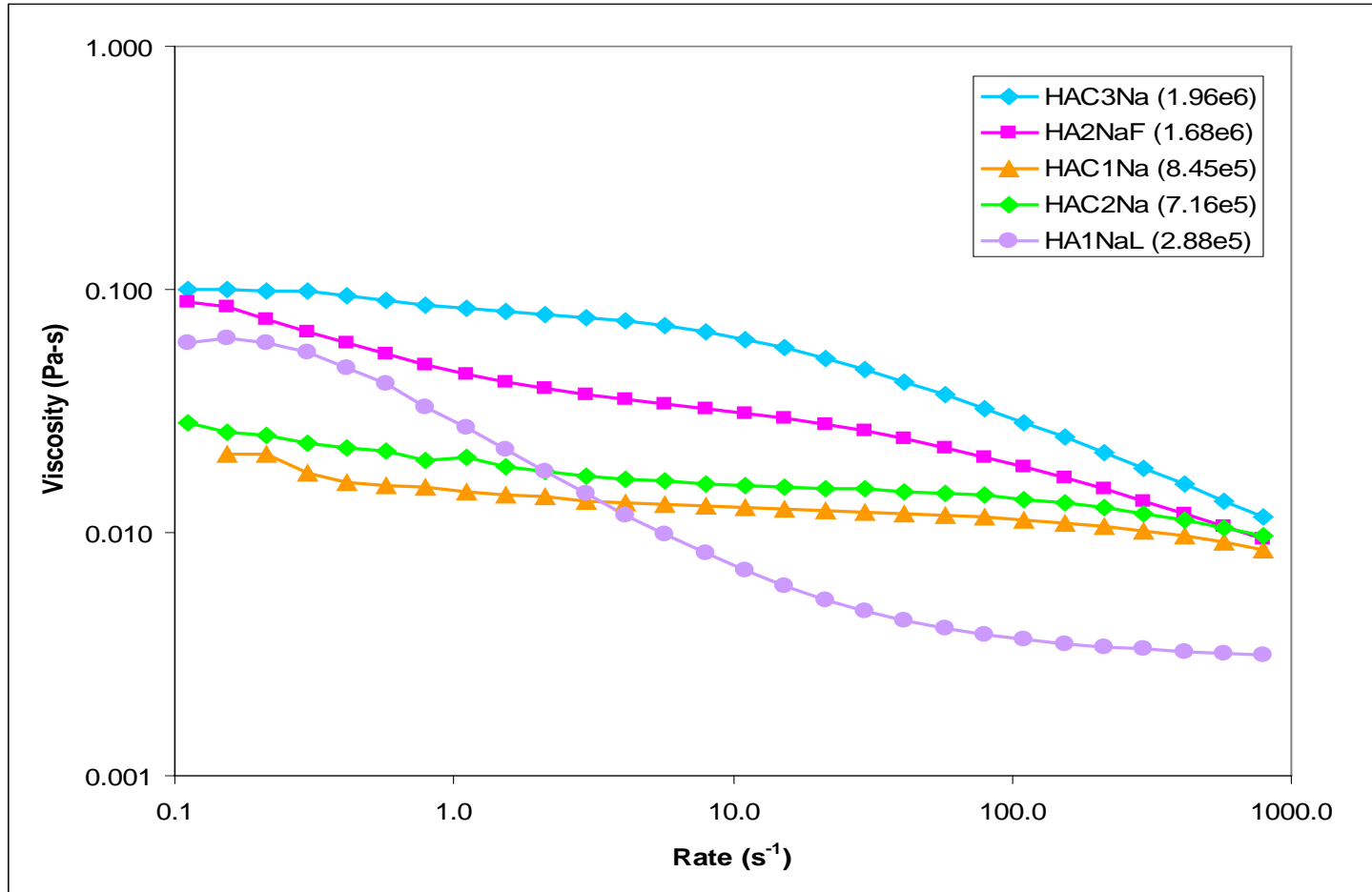
# Rheological Characterization: Theory



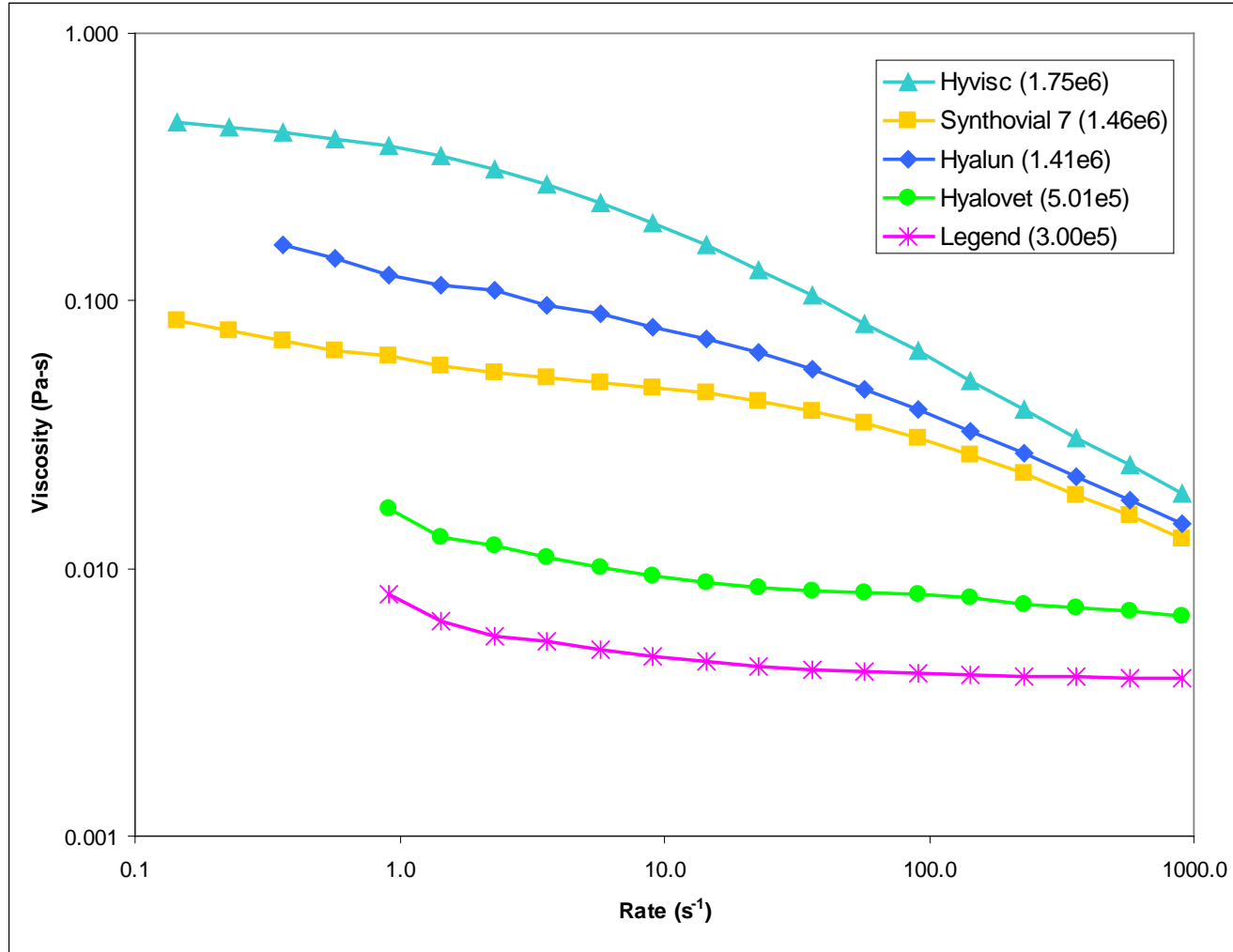
- Cone rotates at a constant speed (*shear rate*) while rheometer measures *shear stress*

$$\text{Viscosity} = \frac{\text{Shear stress}}{\text{Shear rate}} = \frac{\tau}{\dot{\gamma}}$$

# Steady Shear Frozen HA Samples, 2.5 mg/ml



# Steady Shear HA Supplements, 2.5 mg/ml



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# Sodium Hyaluronate Characterization:

## Conclusions

- Molecular weight and rheological properties correlate well
- HA behaves as a random coil in solution

$$[\eta] = 0.168(M_w)^{0.68}$$

- Rheological characterization shows associations
  - Molecular and rheological characterization techniques can now be applied to synovial fluid
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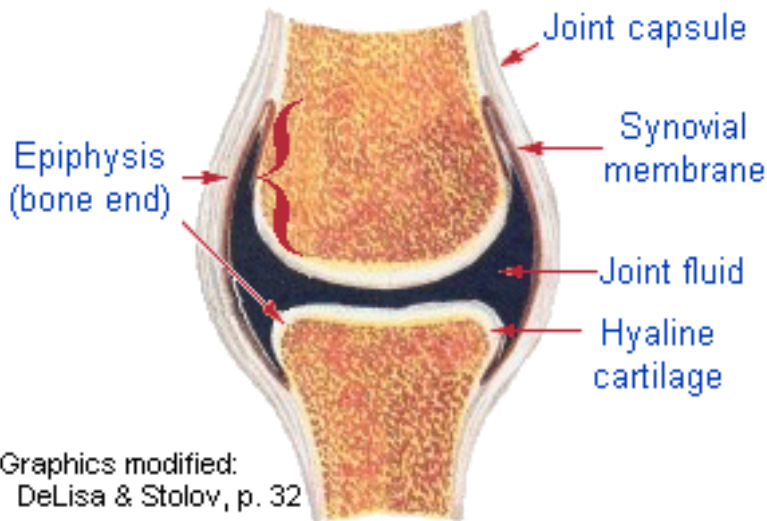
# Equine Synovial Fluid Characterization

# Synovial Fluid Characterization:

## Introduction

- HA produced by cells in the synovial lining
- Mechanical pressure pushes HA from cartilage to joint cavity, “weeping lubrication”

Typical synovial joint



Graphics modified:  
DeLisa & Stolov, p. 32

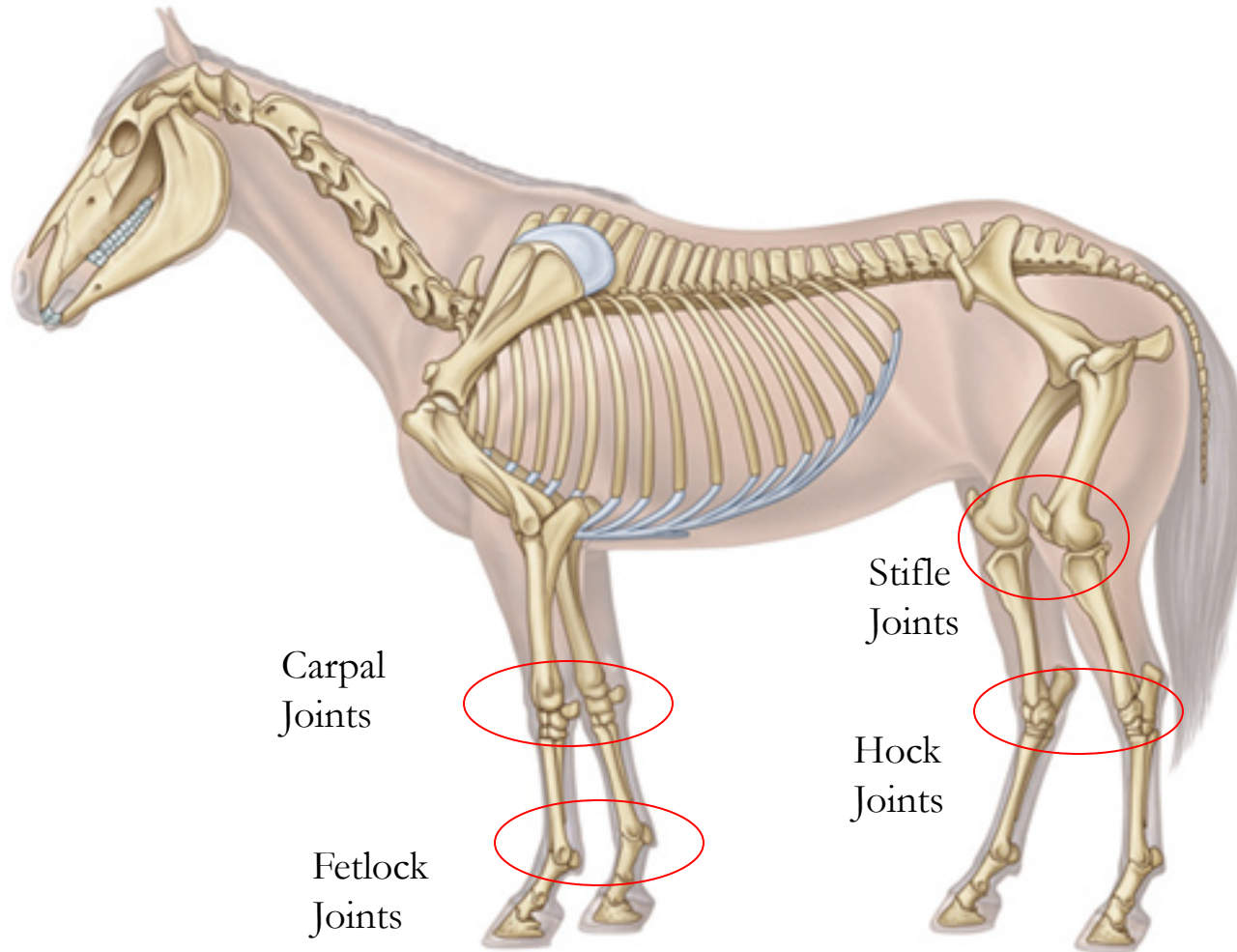
- Composed of HA, proteins, glycosaminoglycans (GAG's) and other molecules
- HA concentration 0.1-4 mg/ml
- Mw  $1 \times 10^4$  –  $7 \times 10^6$  Da

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# Joint Disease

- HA may be broken down by radicals or enzymes with disease
    - Degenerative Joint Disease – DJD
      - Damage to the articular cartilage
      - Commonly affects heavily worked and aged horses
    - Osteochondritis Dissecans – OCD
      - Failure of the bone underlying the smooth articular cartilage to form properly
      - Commonly affects young horses
-

# Horse Joints





# Synovial Fluid Samples

	Sample	Comments
<b>Stifles</b>	DH1 LS	Euthanized, left stifle
	DH2 RS	Euthanized, right stifle
	DH2 LS	Euthanized, left stifle
	DH3 RS	Euthanized, right stifle
	DH3 LS	Euthanized, left stifle
<b>Hocks</b>	DH3 RH	Euthanized, right hock
	DH3 LH	Euthanized, left hock
	DH1 RH	Euthanized, right hock
	VH1 LH	Live, left hock
	VH3 RH	Live, right hock
<b>Abnormal</b>	abDH4 RS	Euthanized, right stifle, OCD
	abDH5 LH	Euthanized, left hock, OCD
	abDH6 LH	Euthanized, left hock, lame
	abDH7 RS	Euthanized, right stifle, lame
	abDH8 RH	Euthanized, right hock, OCD

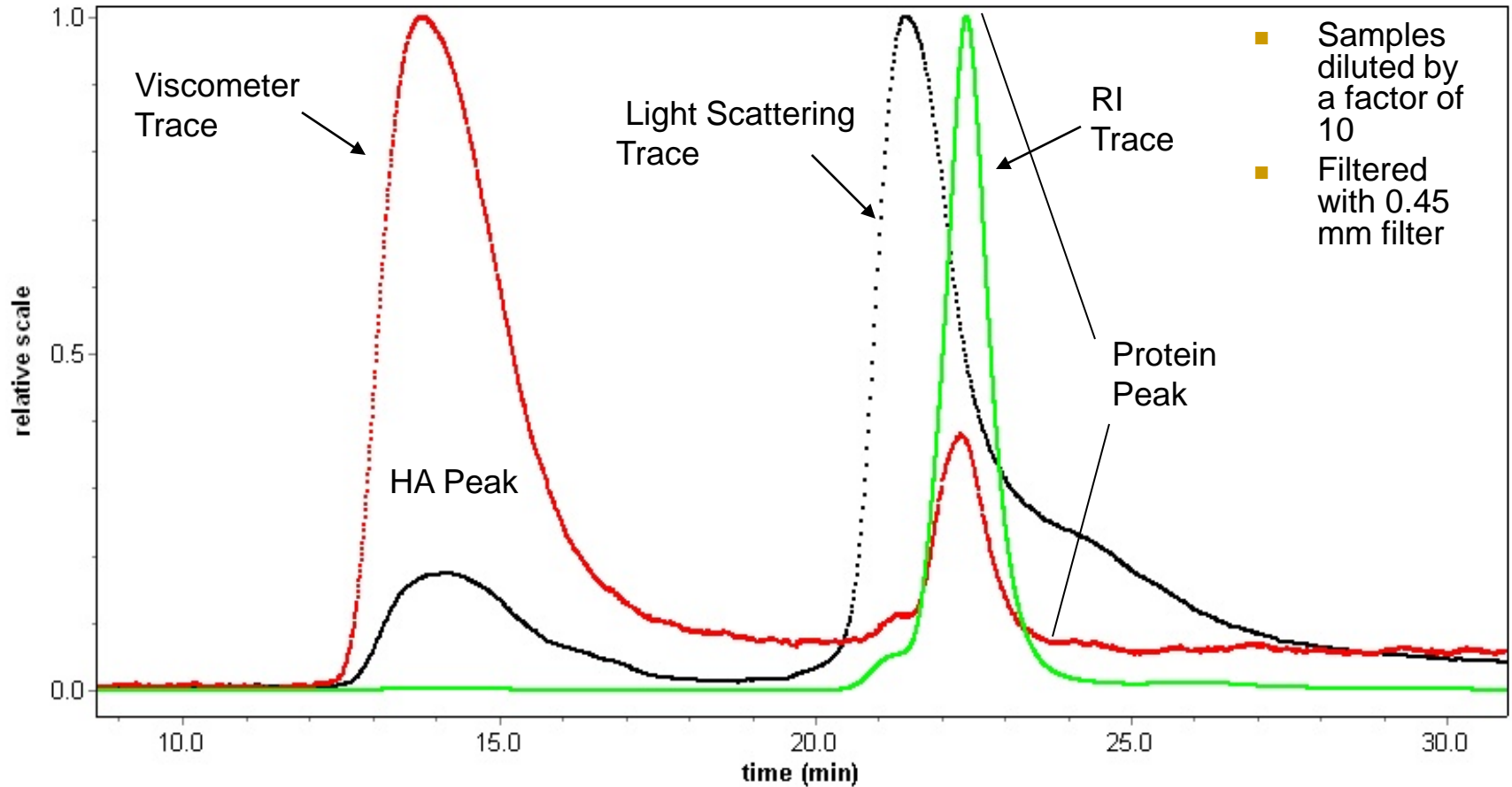


- Molecular characterization
- Rheological characterization

# SEC-MALLS: abDH4 RS

Define peaks

• detector 11     • differential pressure     • differential refractive index data

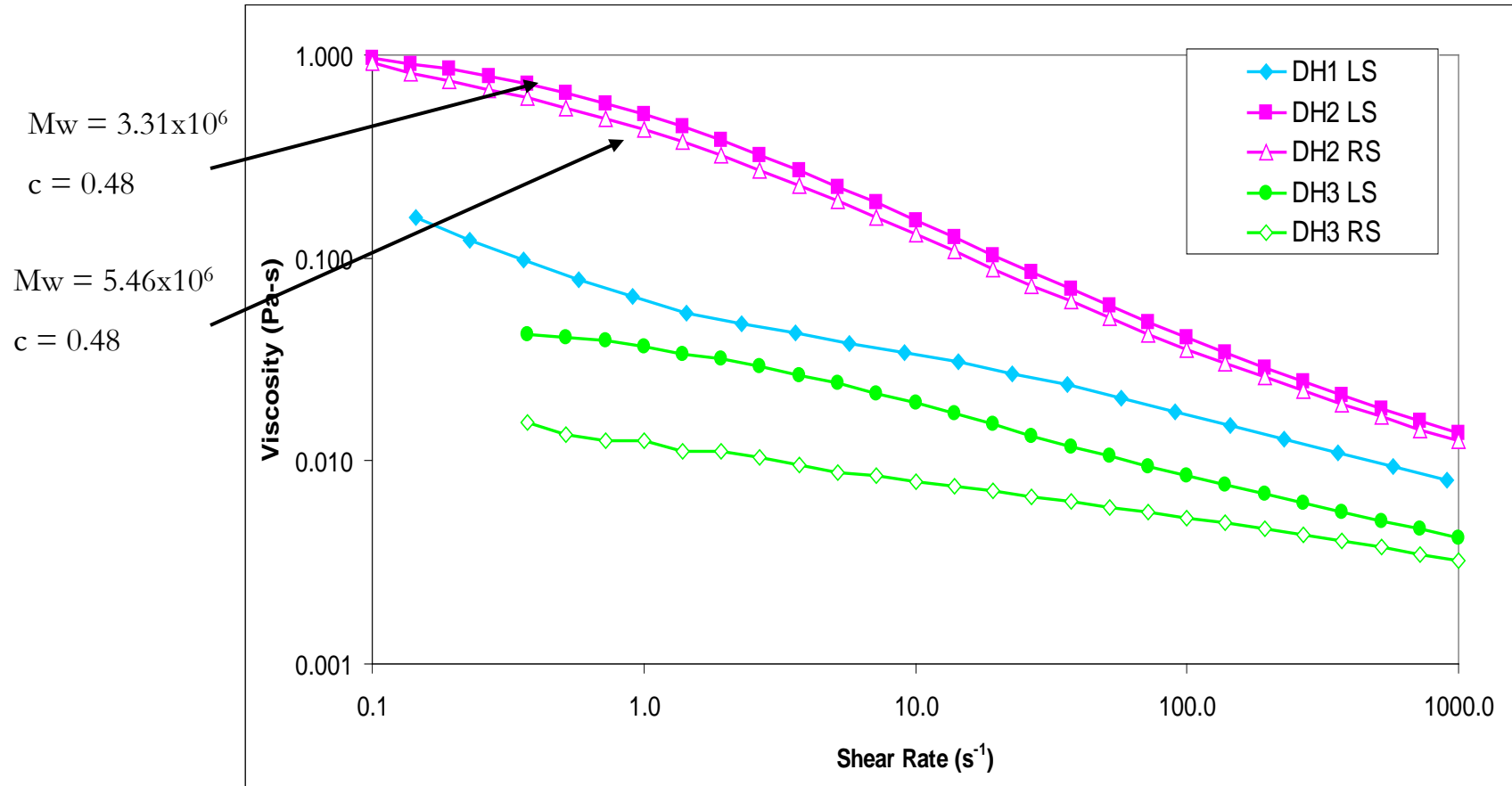


# SEC-MALLS: Results

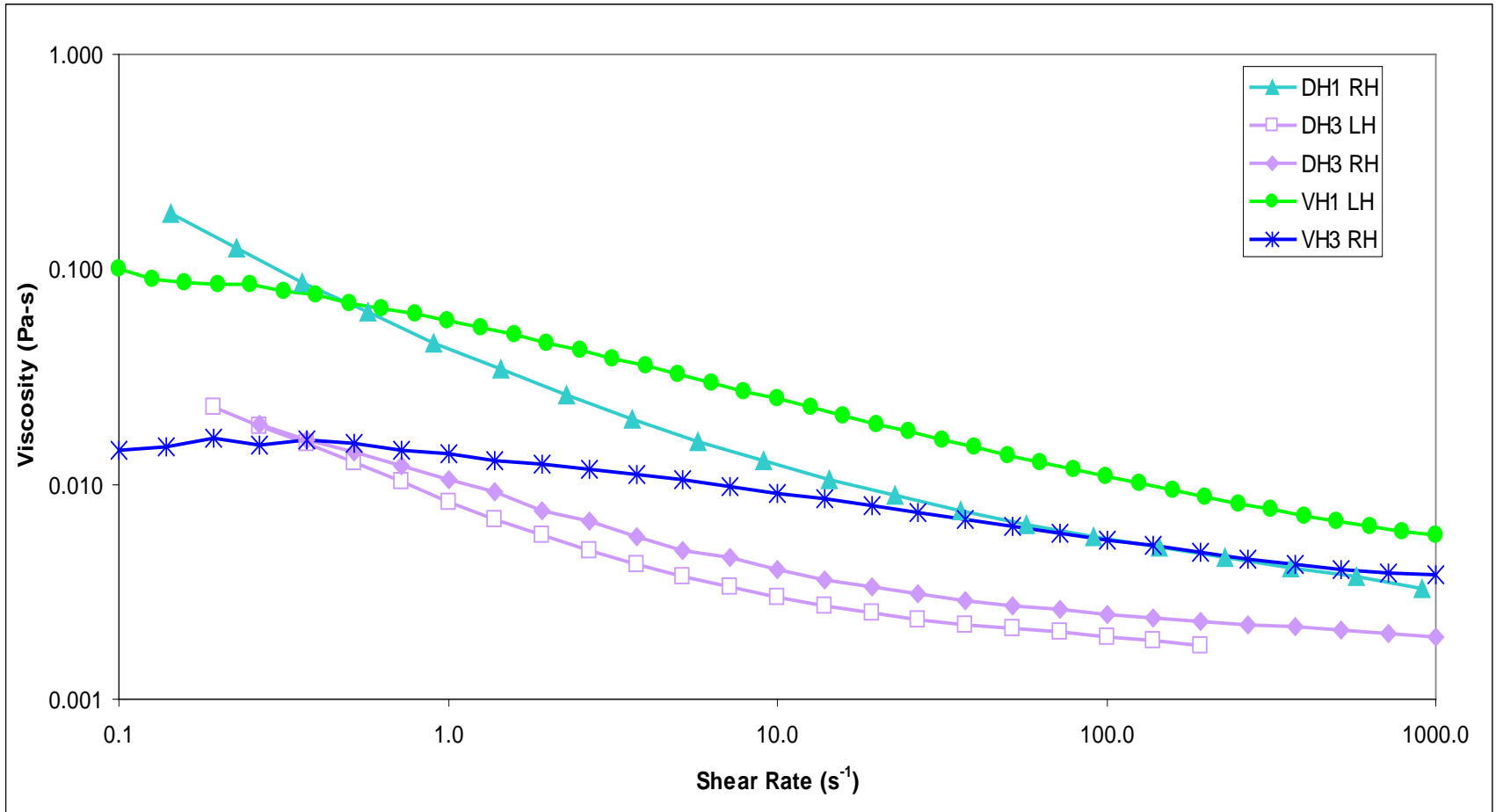
	Sample	Mw	<i>Mw St Dev</i>	Mw/Mn	<i>Mw/Mn St Dev</i>	c (mg/ml)	<i>c St Dev</i>
<b>St</b>	DH1 LS	2.64E+06	12.7%	1.11	6.88%	<b>0.84</b>	8.1%
	DH2 RS	5.46E+06	36.2%	1.01	0.57%	0.48	7.2%
	DH2 LS	3.31E+06	13.8%	1.01	1.14%	0.48	3.9%
	DH3 RS	4.81E+06	18.6%	1.14	2.32%	0.34	14.5%
	DH3 LS	2.64E+06	15.2%	1.06	7.12%	0.17	37.1%
<b>Ho</b>	DH3 RH	2.73E+06	39.8%	1.33	14.68%	0.15	25.6%
	DH3 LH	<b>6.54E+06</b>	16.3%	1.16	14.43%	0.13	28.0%
	DH1 RH	3.00E+06	17.2%	1.02	1.27%	0.13	13.0%
	VH1 LH	4.57E+06	23.2%	1.14	2.63%	0.31	12.9%
	VH3 RH	3.06E+06	37.6%	1.03	0.97%	0.22	18.2%
<b>Ab</b>	abDH4 RS	<b>1.56E+06</b>	38.8%	<b>1.66</b>	8.08%	0.18	6.7%
	abDH5 LH	2.20E+06	16.9%	<b>1.27</b>	8.96%	0.27	16.7%
	abDH6 LH	1.88E+06	31.0%	<b>1.27</b>	7.06%	0.18	22.2%
	abDH7 RS	4.93E+06	13.2%	<b>1.01</b>	0.99%	0.32	9.7%
	abDH8 RH	5.14E+06	23.3%	<b>1.26</b>	21.72%	<b>0.11</b>	76.7%

# Rheology

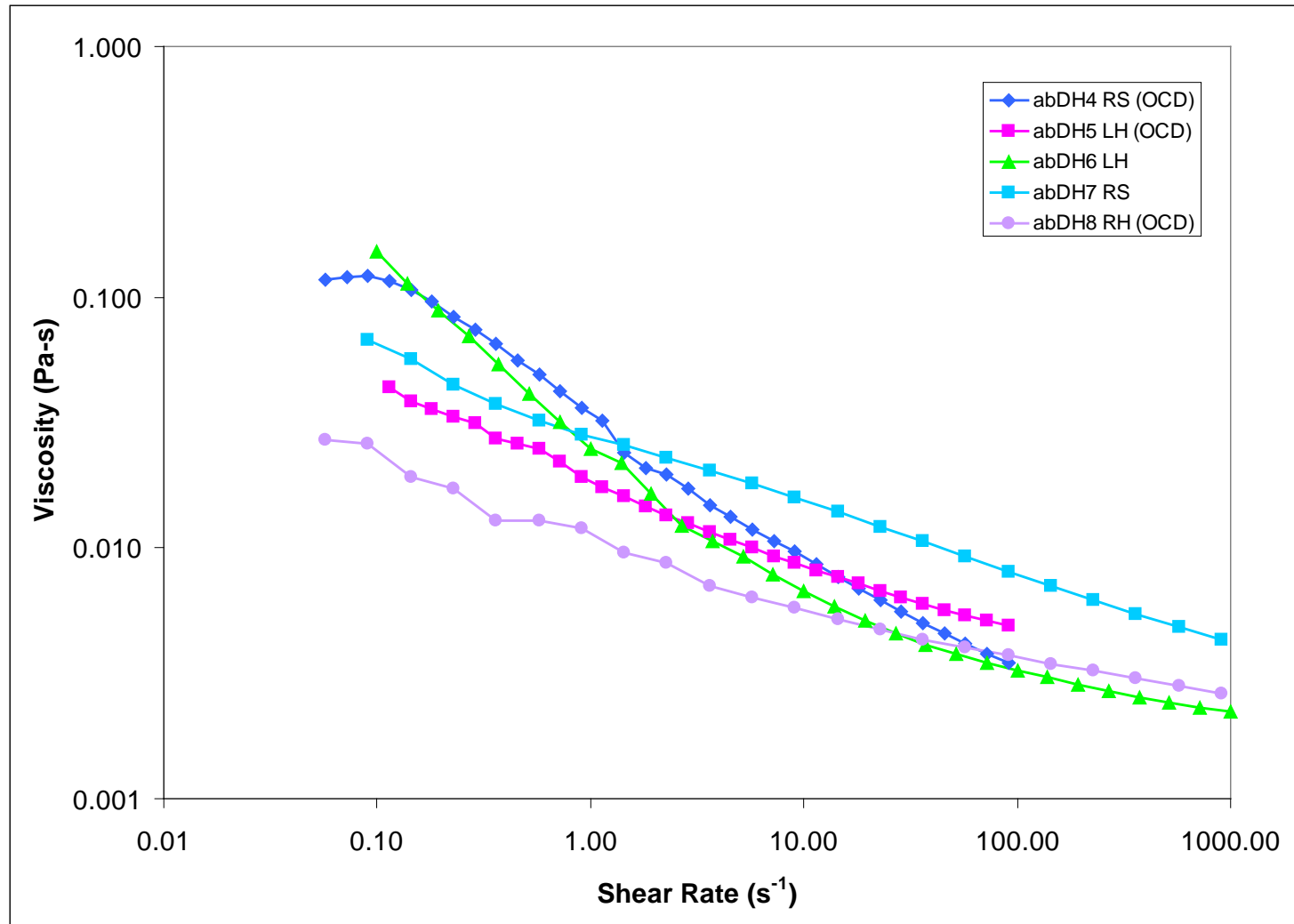
## Steady Shear: Stifles



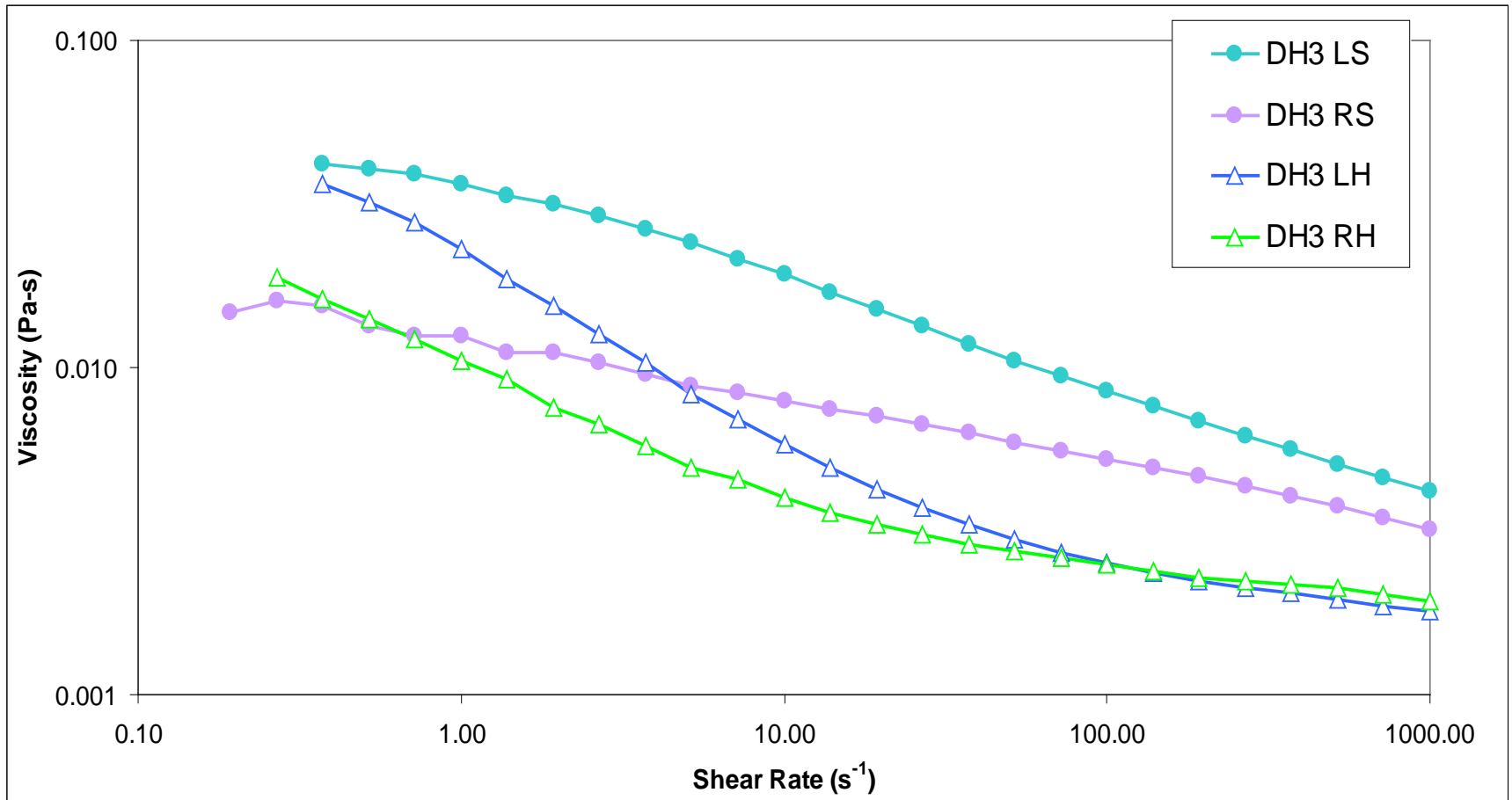
# Steady Shear: Hocks



# Steady Shear: Abnormal Joints



# Steady Shear: DH3



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# Synovial Fluid Results Summary

- Molecular characterization
    - Mw range 2,000,000 to 6,500,000 Da
    - Concentration range 0.11 to 0.84 mg/ml
    - High standard deviation requires some technique refinement
  - Rheological characterization
    - Upturn at low shear rates indicates aggregations
    - Similar viscosity range to HA at 2.5 mg/ml
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# Intra-articular Study



# Intra-articular study: Introduction

- Viscosupplementation
  - Intra-articular (IA) injections
  - Intravenous (IV) treatment (equine)
  - Oral supplements sold (not FDA approved)
- Originally designed to boost mechanical properties of synovial fluid
  - Lasts up to 6 months
  - Lifetime ~96 hours in horses
- HA must play biochemical role in joint



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# Viscosupplementation

- Mechanism may depend on Mw of supplements
    - Hydrodynamic volume of HA effects which molecules can enter synovial cavity
    - HA may form complexes with other molecules
    - HA may interact with cell receptors
    - Injected HA may protect endogenous HA and stimulate production of more
  - Understanding HA role in joints could contribute to development of new treatments
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# Intra-articular Study: Methods

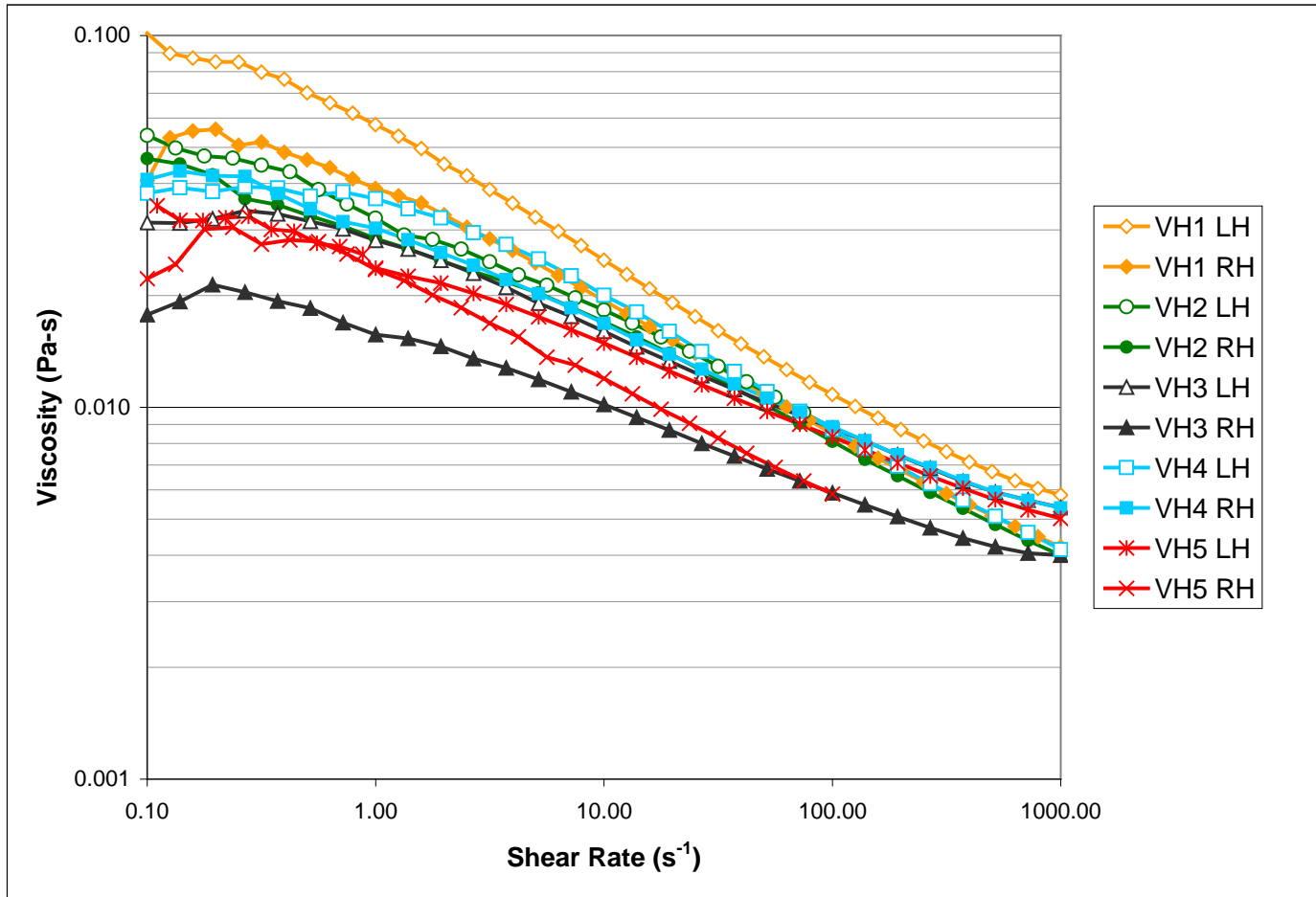
- Five horses divided into three groups
    - Treatment Group (4 hocks)
      - Received 2 ml HA supplement, Hyvisc
        - Mw  $1.75 \times 10^6$  Da
        - 11 mg/ml
    - Negative Control Group (3 hocks)
      - Received no injection
    - Positive Control Group (3 hocks)
      - Received 2 ml of sterile Lactated Ringers Solution (LRS)
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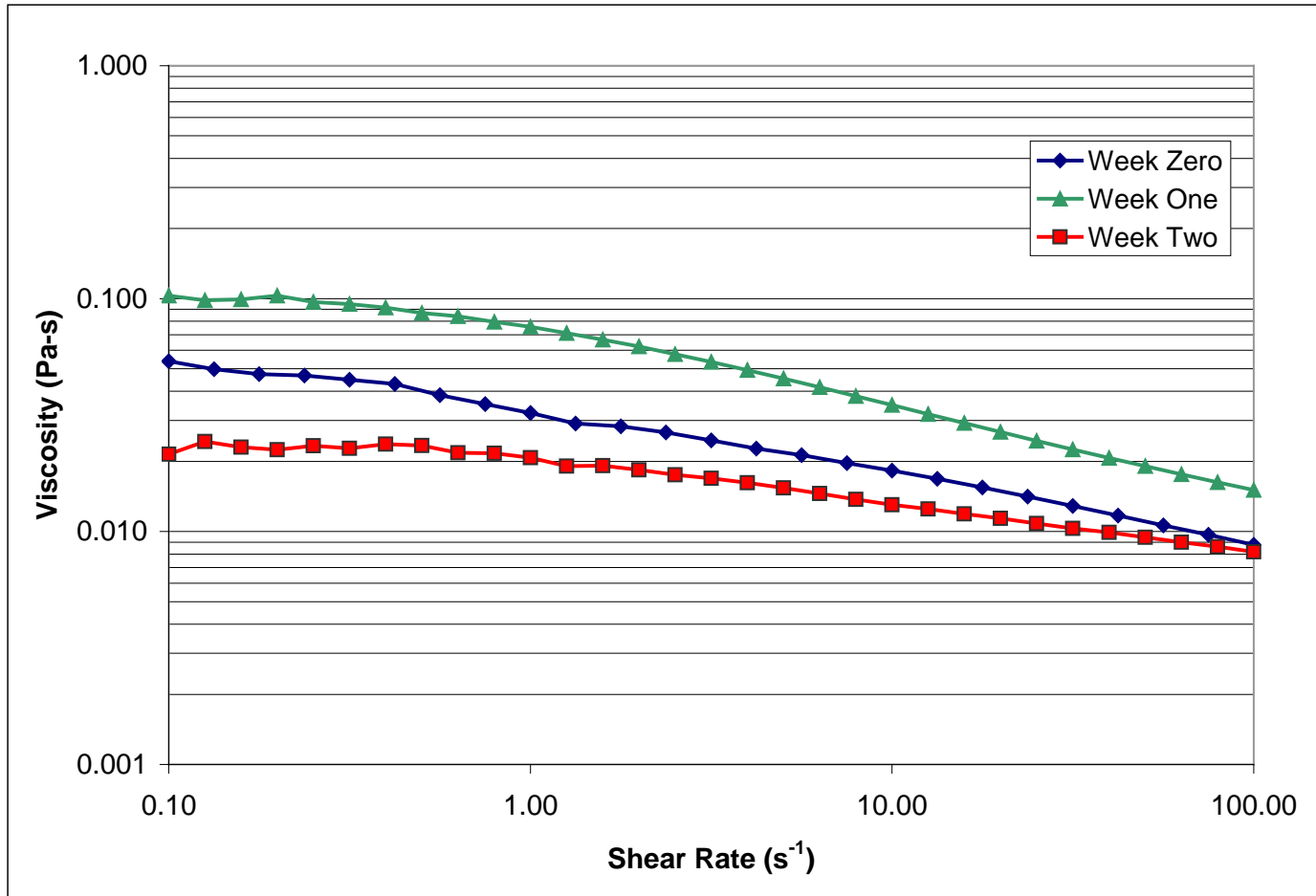
# Intra-articular study: Methods

- Synovial fluid samples taken before treatment (baseline), one, and two weeks after
  - Horses monitored daily for signs of infection
  - Rheological characterization
    - Note: SEC-MALLS not available at time of study
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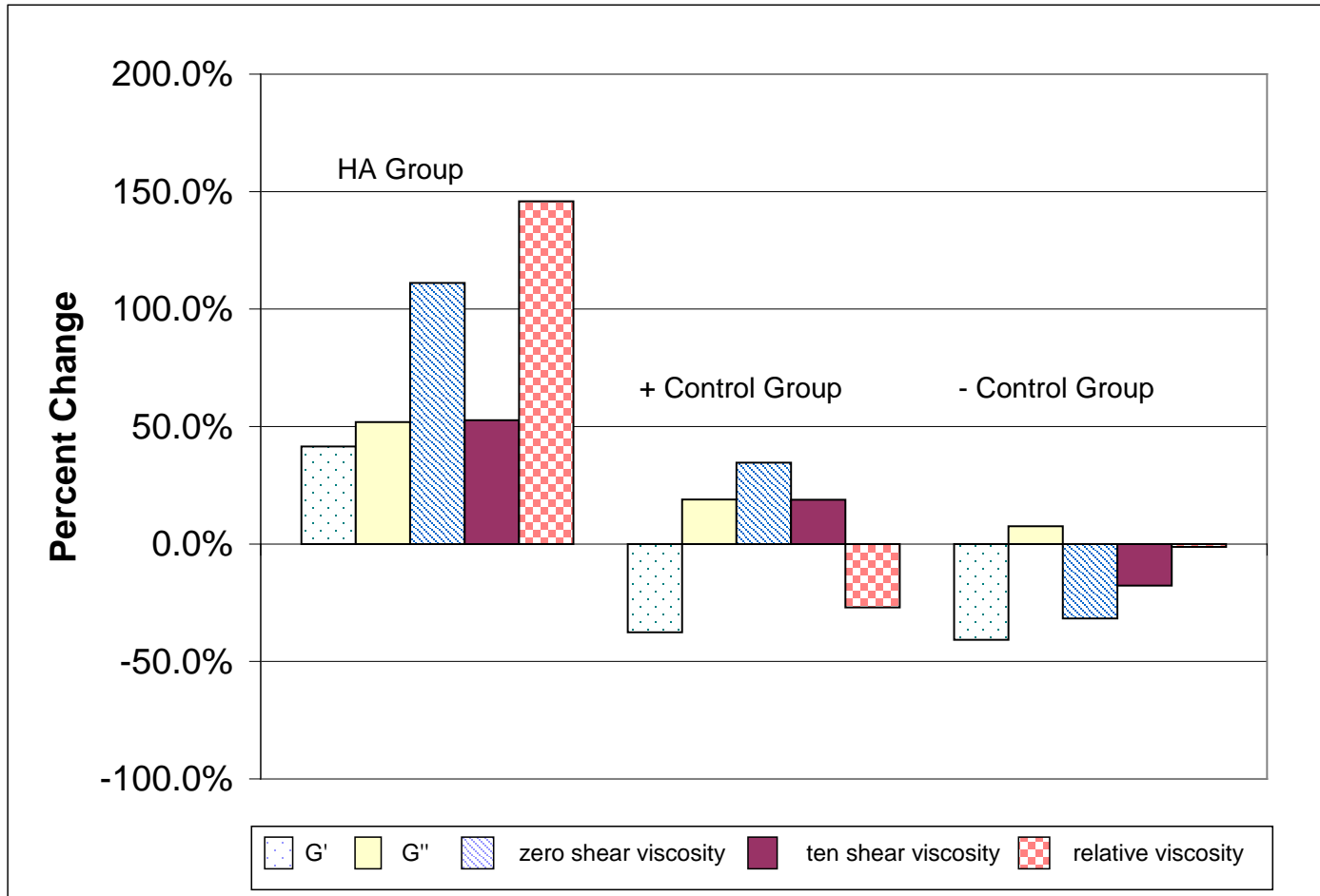
# Steady Shear: All Hocks (Baseline)



# Results: Steady Shear Results of one Experimental Hock

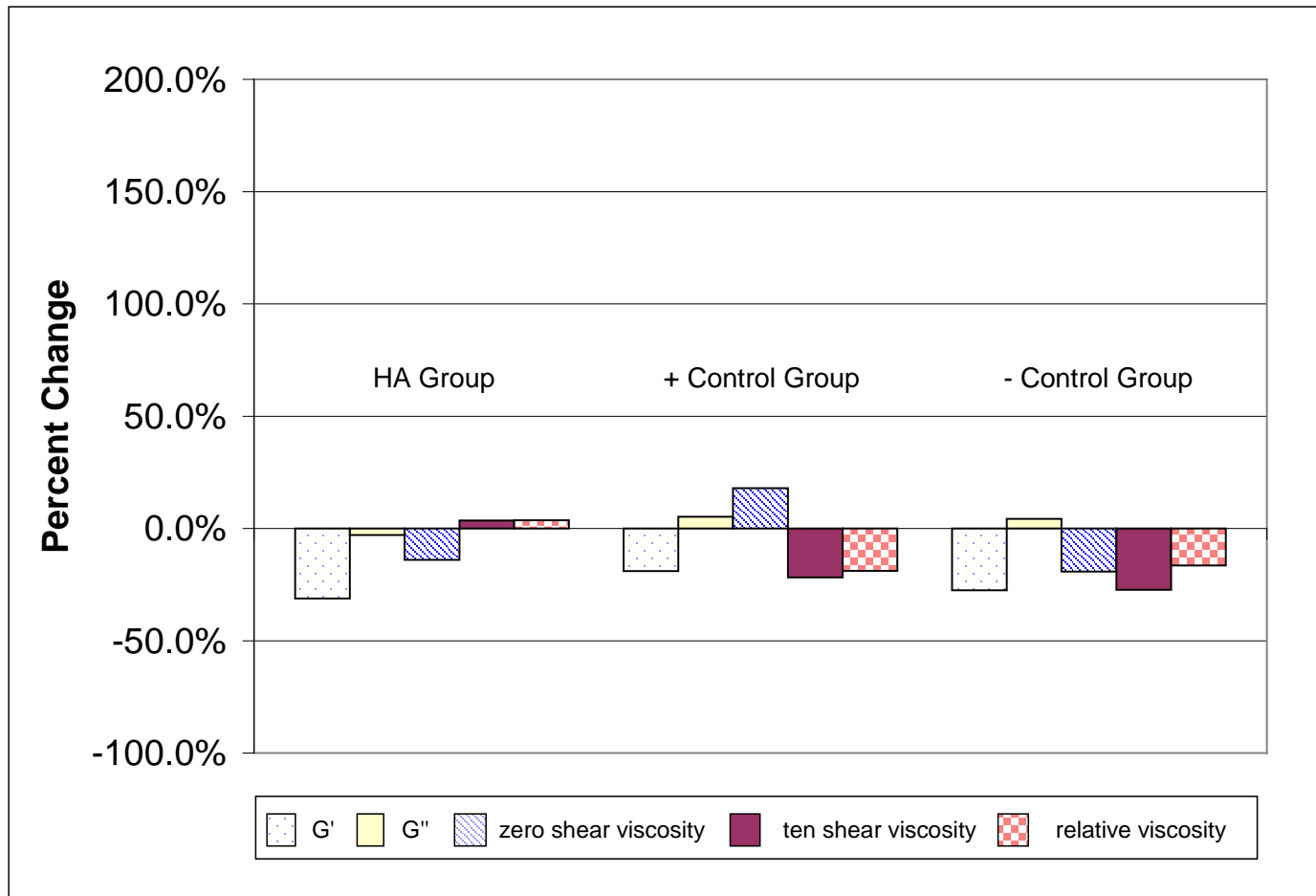


# Average Change in Viscoelastic Properties One Week after Treatment





# Average Change in Viscoelastic Properties Two Weeks after Treatment



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# Summary of Intra-articular Study

- Sodium hyaluronate supplementation has a positive affect on the rheological properties of synovial fluid one week post-treatment
  - Removing synovial fluid after one week made all hocks “negative controls”
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# Conclusions

- Sodium hyaluronate characterization
    - Molecular and rheological characterization was completed on sodium hyaluronate
    - HA behaves as a random coil in PBS
  - Synovial fluid characterization
    - Mw  $2 \times 10^6$  to  $6.5 \times 10^6$  Da
    - HA concentration 0.11 to 0.84 mg/ml
    - HA appears to form aggregates
  - Intra-articular study
    - HA injection has a positive effect on viscoelastic properties of synovial fluid one week after injection
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# Future Work

- Investigate repeatability issue of SEC-MALLS with synovial fluid
    - Treat synovial fluid with protease prior to analysis
    - Study effects of different sized filters
  - Perform more studies on live horses
    - Use SEC-MALLS to quantify changes in synovial fluid after IA injection
    - Explore effects of IV application of HA
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# Acknowledgements

- Dr. Skip Rochefort, OSU ChE Dept
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- Sara Tracy
- Heidi Schmidt
- Committee Members



Sara Tracy's horse

Thank you

